**Summer Mid-Term Examination**

**(Therapeutic exercises)**

**Course Title: Therapeutic exercises Instructor: Dr. M.Jaffar**

**Time: 4hours Max Marks: 30**

Q1. Define Therapeutic Exercise? Discuss the aims of Therapeutic Exercise?

Q2. What is ROM? Why we use ROM?

Q3. What are the purposes and benefits of CPM?

Q.4 what is aquatic exercises? Discuss the properties of water and its clinical significance?

Q.5Describe Maitland Joint Mobilization Grading based on amplitude of movement.

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