

Hadth-15 The Four Blessings

عَنِ ابْنِ عَبَّاسٍ رَضِيَ اللَّهُ عَنْهُمَا أَنَّ النَّبِيَّ قَالَ أَرْبَعٌ مِّنْ أُعْطِيَهُنَّ
فَقَدْ أُعْطِيَ خَيْرَ الدُّنْيَا وَالْآخِرَةِ قَلْبًا شَاكِرًا وَلِسَانًا ذَاكِرًا وَبَدَنًا عَلَى الْبَلَاءِ
صَابِرًا وَزَوْجَةً لَا تَبْغِي حُوبًا فِي نَفْسِهَا وَمَالِهَا (سنن نسائي)

*"Ibn Abbas narrated that Holy Prophet Muhammad (S.A.W.)
said: "Whosoever blessed with four things is bestowed
blessings in this world and the Hereafter the heart filled thanks
to Allah, and the tongue in the remembrance of Allah, and
patient body and wife who guards in the husband's absence his
chastity and husband's property."*

That is when the believer receives any good, he is thankful to Allah, and gets a reward. And when some misfortune befalls him, he endures it patiently, for which he is (also) rewarded. Thankfulness is the acknowledgment of the fact that Allah is the only Grantor of ^{فصل}graces, and full submission to Allah in a way that assures that acknowledgment. The ^{اعتزاز}graces (favors) of Allah are endless and countless. However, here are four blessings are narrated in the aforementioned Hadith. These are:

1- Heart filled with Thanks to Allah

قَلْبًا شَاكِرًا

"The heart filled with thanks to Allah"

The highest and the required degree of Dhikr is to acquire such a solemn state of mind and heart in which we remain continuously full of remembrance of Allah and be never without His thought. The state of permanent and all pervading Allah's consciousness is achieved only through continuously engaging the tongue and heart in Dhikr and devout servant of Allah no doubt,