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Q1: write down MR Spectroscopy? Its usage in clinical practice?

Ans:

MR Spectroscopy:-

- > MR Spectroscopy has been used for long time, long before before MR was used for imaging.
- > The procedure is used for analytical tool.
- > MR Spectroscopy (MRS) is an exciting application of MRI to access various metabolites.
- > The biochemical from the body tissues non-invasively.
- > The metabolite information used for diagnose diseases.
- > The assessing response to the treatment.
- > Theoretically MRS can be performed with spins.
- > Nuclei of  $^1\text{H}$ ,  $^{13}\text{C}$ ,  $^{19}\text{F}$ ,  $^{23}\text{Na}$ ,  $^{31}\text{P}$ , MRS in present clinical use are mainly  $^1\text{H}$  and  $^{31}\text{P}$  Spectroscopy.

( P.T.O )

- For example, may be useful in the evaluation of many diseases and the effect of therapy.
- As spectroscopy requires magnets with higher field strengths, only potentially be performed with use of MR units which have superconducting magnets.
- other magnet cannot do imaging as well as spectroscopy.
- The present time are many people who believe that the spectroscopic of MRI is more important than its potential for anatomical imaging.
- Proton spectroscopy is commonly used.
- Some several metabolites of metabolism; can be measured to distinguish among tumor types.
- Amino acid
- Lactate
- Choline
- Creatine
- Lipid
- The Aim in MRS itself is to detect small metabolites.
- The metabolite signals of clinical interest resonate between resonant frequencies of water and fat.
- Chemical shift is proportional to external magnetic field, smaller chemical shift will not be detected at low field strength.

(P.f.o)

- MRS can be performed on 0.5 Tesla.
- Above, field strength of 1.5 T or above are required for improved spectral separation and increase SNR.
- Homogeneity required for MRI is about 1 to 10 PPM when a MRS it is about 0.1 PPM.
- The process of making the magnetic homogeneous is called as Shimming.
- MRS also known as (NMR).

## Clinical uses of MRS

- IH (Proton) MRS has its role in almost every neurological condition. Role of MRS discussed here.

### ① Brain Tumors

→ In tumors there is increase in Cho, lactate and Lipid.

(a) MRS in tumor evaluation: MRS can differentiate neoplasm from non-neoplastic lesions.

→ MRS also helps based on the metabolite ratio.

(b) Treatment Planning:

→ MRS guides Biopsy.

### ② Neonatal Hypoxia

→ The decrease in NAA, Cr, MI and ↑ in Cho, lactate/lipid peaks  
(p. 10)

- in neonatal hypoxia.
- MRS can predict outcome of neonatal hypoxia.
  - develops decrease in NAA, ~~etc~~ can be used to monitor the condition.
  - MRS can be used to find out hypoxia causes of neonatal hemorrhage.

### (3) Multiple Sclerosis

→ In MS plaques, there is decrease in NAA/Cr and ↑ Chol/Cr and MI/Cr.

### (4) Epilepsy

→ NAA/Cr is reduced in affected lobe. MRS can be used to localise intractable epilepsy.

### (5) Toxoplasma

→ Elevation of lipids and lactate and reduction of other metabolites.

### (6) Abscess

→ The MR spectra in abscess include elevation of amino acid peak at 0.9 ppm.

•x ——— x ——— x ——— x

Q2:- write a details note on contrast media and how it effect image details?

Ans:- Contrast media:

- The part to improve
- The part of the body to improve the visibility of internal structures during radiography.
- MR may not need any contrast medium injection because its inherent tissues contrast.
- Contrast media are use for pathology.
- It is also called contrast agents.
- It is contrast enhancement improves detect the pathology.
- ~~contrast~~ MRI contrast Chemical Name gadolinium (Gd) ...
- Triad Name
- It is triad Name Magnevist.
- ~~Gd~~ Gadolinium is indication for Postoperative spine.
- Contraindication:- vertebral metastases.
- Atomic No 64
- Paramagnetic agent

### Classification of MR contrast Media

- ① Parenteral
- ② oral

CP: 01

## oral contrast Agents

### ① Positive contrast

**Example:-** Manganese chloride, Gd-DTPA, oil emulsions image degradation can occur with peristaltic movements of bowel.

### ② Negative contrast

→ ↓ signal from bowel lumen.

→ **Example:-** Superparamagnetic iron oxide particle reduce signal by susceptibility effects. Barium, Blue-berry juice.

→ reduce signal from bowel.

## Adverse Reactions

- Nausea
- headache
- Anaphylaxis
- abdominal Pain
- renal failure
- edema
- Hypotension
- Hypertension

## ✱ Contrast media effect on image detail

→ The effect of contrast media on both signal intensity of T<sub>1</sub> and (P.T.O)

$T_2$ .

- $T_1$  shorten and the  $T_2$  the respective curves are shifted towards the left.
- More signal for TR.
- less signal of TE.
- signal intensity of two tissue is illustrated.
- The IV route Gadolinium-DTPA enters to the one tissues.
- The  $T_1$  tissues are short and  $T_1$  curve are left.
- TR is longer.
- The two tissues can be better differentiated because good resolution.
- vascular tumor tissues are elevated or visible.
- contrast media develop lesion and diagnose accuracy of MRI.
- contrast media improve the pathology.
- contrast media improve the internal structure.
- contrast media shows the black and white on the image.
- contrast media shows structure of Anatomy.

Q3. How can we determine or select a certain slice thickness and from where does the signal come from?

(P.T.O)

Ans (3) Determine or select a certain slice thickness:-

- select a different slice thickness in two ways.
- one solution is sent is not only one specific frequency.
- But RF pulse that has a range of frequencies.
- The large range of frequencies, the thicker the slice in which proton will be excited.
- When RF pulse with frequencies from 64 to 65 MHz we get slice like.
- Therefore we only use frequencies from 64 to 64.5 MHz; the protons in a smaller slice will show resonance.
- Another way of select a diff slice thickness.
- used a gradient field.
- Therefore have a steeper gradient field.
- e.g.- field strength.
- The precession frequencies will also vary to a large degree.
- The same range of radio frequencies, the same band width as it is called slice thickness.

-x Signal come from

(p.t.o)



- After, Now we have selected position and thickness of our slice.
- But how can we ~~for~~ determined, from what point of our slice.
- This technique is similar to the slice selecting gradient which is turned on only during application of the RF pulse.
- Nine Proton in the slice selected.
- Now After the RF pulse is sent in total then process with the same frequency.
- We now apply another gradient field which in our example ↓ from left to right.
- In the end of that the protons in the different columns eject their signals with these different frequencies.
- The gradient applied as this also called frequency encoding gradient.
- All protons have same frequency.
- After the RF pulse the protons are "whipped".
- magnetic gradient along this column for short time.
- Then become exposed.

(x) ——— x ——— x ——— (x)

The End