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Q No (1)

(1)

Ans: →

Pituitary gland: →

Pituitary gland are also called hypophysis ductless gland of the endocrine system that are secrete hormones directly in to the blood stream. The term hypophysis from the greek for meaning 'under', another name from the pituitary refers to the gland's position on the underside of the brain.

→ The pituitary gland are also called the master gland b/c its hormone regulate other important endocrine gland including the adrenal thyroid gland. e.g. ovaries & testes. In some case have direct regulatory effect in major tissue.

(2)

Hormones:

(A) Anterior lobes: →

* Growth hormone (GH)

* prolactin.

* Thyroid Stimulating hormone (TSH)

* Adrenocorticotropic hormone (ACTH)

* follicle Stimulating hormone (FSH)

* Luteinizing hormone (LH)

(B) Posterior lobes:

* vasopressin (ADH)

* oxytocin

* Growth hormone

Action of growth hormone.

(1) Stimulating of growth of bone
Cartilage & Connective tissue.

* Increase Calcium absorption from GIT
* Decrease Sodium potassium Calcium
& phosphorus excretion from
kidney.

(3)
Diseases related to growth hormone.

(1) Gigantism :-

it is due to over production of G.H during adolescence

it is characterized.

- * Tall structure
- * large hand & feet

(2) Dwarfism :-

→ Deficiency of G.H secretion.

→ Shortness of structure.

→ Small genitalia.

→ Delicate extremities.

Hormones of anterior pituitary are.

(a) prolactin :-

Action :- prolactin plays an important role in the development of the mammary gland & in milk synthesis

(b) Thyroid Stimulating hormone :-
it stimulates the thyroid

(4)

gland to produce

→ Thyroxine (T_4) &

→ triiodothyronine (T_3)

(4) Adrenocortical Hormone.

→ it is often produced in response to biological stress

* it is principal effect are increased production & release of corticosteroid.

(5) Follicle Stimulating Hormone →

↳ FSH regulate the development growth pubertal maturation & reproductive process of the body.

Hormones of Posterior Lobes →

(A) Anti diuretic hormones:

↳ To retain water in the body

(B) Oxytocin. ↳ Oxytocin is synthesized by in the hypothalamus.

↳ Stored in in posterior lobes of pituitary gland

Q No (2)

Ans: —

Appendicular Skeletal:

The Appendicular Skeletal is formed by the bones of the pectoral girdle & upper limbs as known as Appendicular Skeletal.

The upper/lower limbs bone are.

- Clavicle
- Scapula
- Humerus
- ulna
- Radius
- Carpals
- Metacarpals
- Phalanges.

- OS Coxae
- femur
- patella
- Tibia
- fibula
- Tarsals
- Metatarsal
- Phalanges

Structure of the bone.

Two types of the bone

- 1) Compact bone
- 2) Spongy bone

(b)

Compact bone :->

The hard outer layer of bones is composed of compact bone tissue so called its due to minimal gaps & spaces.

Spongy bone :->

Spongy bone fills the interior of the bone which is composed of a network of rod & plate like elements that make the over all organ lighter & allowing room for blood vessels & narrow.

(b) Axial Skeletal :->

The Axial system is made up with the skull bones, the vertebrae, the ribs & the sternum.

Skull bone are.

- > frontal
- > sphenoid
- > ethmoid
- > Nasal
- > occipital

- > maxilla
- > Mandible
- > Zygomatic
- > occipital

(7)

* Vertebrae

The spine is divided into several sections.

→ The Cervical vertebrae: make up the neck.

→ The Thoracic vertebrae comprise the chest & have ribs are attached.

→ The Lumbar vertebrae are the remaining vertebrae below the last thoracic bone.

→ The Sacral vertebrae are caged with in the bones of the pelvis.

(8)

Q No (3)

Ans: →

Muscular Tissue: →

The muscular cells are called ~~muscular~~ muscle fibers.

Every fibers contain thousand of myofibrils.

→ In side each myofibril there are many myofilaments that are made of two protein.

→ The action of the myosin the myofibrils are divided in sub units called sarcomeres

Types of muscle Tissue: →

(1) Skeletal muscle.

(2) Cardiac muscle

(3) Smooth muscle.

(9)

(1) Skeletal muscles: →

→ the skeletal muscles are also known as striated or voluntary

→ they are attached to bones by tendons providing movement.

→ their contraction is quick & variable from powerful to precise. it is controlled by the CNS

(2) Cardiac muscles: →

↳ Cardiac muscles is only found in the heart.

→ it is made of striated fibers & its contraction is directed by the CNS

(3) Smooth muscles: →

→ Smooth muscles are also known as involuntary as its contraction is led by the CNS & the gland.

→ its covers the hollow walls of many organs such as the oesophagus, the bronchi, the uterus or stomach.

↳ its contract slowly.

Q No (4)

Ans: →

Cycle of breathing:

→ The average respiration rate is 12 to 15 breaths/minute.

→ Each breath consist of two phases.

- (1) Inspiration.
- (2) Expiration.

(1) Inspiration:

→ When the capacity of the thoracic cavity is increased by simultaneous contraction of the intercostal muscles & the diaphragm.

→ The parietal pleura moves with the walls of the thorax & the diaphragm.

→ This reduce the pressure in pleural cavity to a level considerably lower than atmospheric pressure.

(11)

→ the visceral pleura follows the parietal pleura with it. pulling the lungs with it.

When we breath in inspiration, the following happens: →

→ the diaphragm pulls down.

→ the intercostal muscles contract.

→ Air pressure is reduced.

→ Air is inhaled in to the lung.

→ the chest expand.

→ the process of inspiration is active.

→ inspiration last about 2 seconds.

(12)

② Expiration:->

Relaxation of the intercostal muscles & the diaphragm results in downward & inward movement of the rib cage & elastic recoil of the lungs

-> they still contain some air & prevented from collapse by the intact pleura.

-> this process is passive as it does not require the expenditure of energy.

* When we breath out expiration the opposite happens:->

* the diaphragm relaxes in to its some position.

* the intercostal muscles relax

* the chest become smaller.

* pressure increase in the lungs.

* Air is forced out.

(13)

Q No (5)

Ans: →

Function of Integrity System:

protection: →

→ first line of defense against
→ bacteria.
→ viruses.

* protect underlying structure from.

→ ultraviolet (UV) radiation
→ Dehydration.

* Vitamin D production.

→ need for calcium absorption.

→

* Sensation.

→ sensory receptors.

* body temperature regulation.

↳ if too hot

→ Dermal blood vessel dilate

→ vessel carry more blood to
the surface so heat

can escape

* if too blood hot

→ Dermal blood vessels.

(14)

→ prevent heat from escaping.

* excretion

→ small amount of waste product are lost through perspiration.

Function of hair:

• Head

→ UV protection

→ cushion from trauma

→ insulation.

* Nostrils, Ear, Canals, Eyelashes.

→ prevent entry of foreign matter

* body hair

→ sensory detection

* Root hair plexus.

→ sensory nerve at base of hair follicle

* Arrector pili muscles:

→ Attached to every hair follicle

→ Contract to stand hair perpendicular to skin surface.

(15)

Function of Nails →

Nail → protect fingers & toes
→ made of dead cells packed with keratin.

→ metabolic disorder can change nail structure

Nail production →

Occurs in deep epidermal fold near the bone called the nail root

Nail body → visible portion of the nail
→ covered the nail bed

Side of nail

lie in lateral nail groove
→ surrounded by lateral nail folds.

...the End...

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