

Date: \_\_\_\_\_

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Subject : Biomechanics and Ergonomics

Instructor : Dr. M. Shahzeb Khan

Department : DPE 2<sup>nd</sup> Semester

Section : "B"

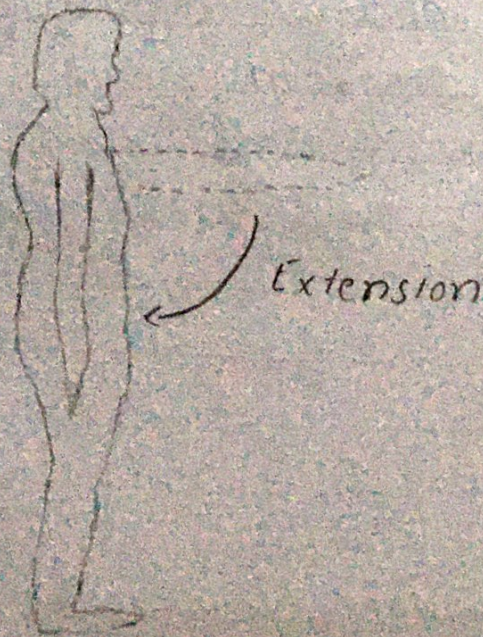
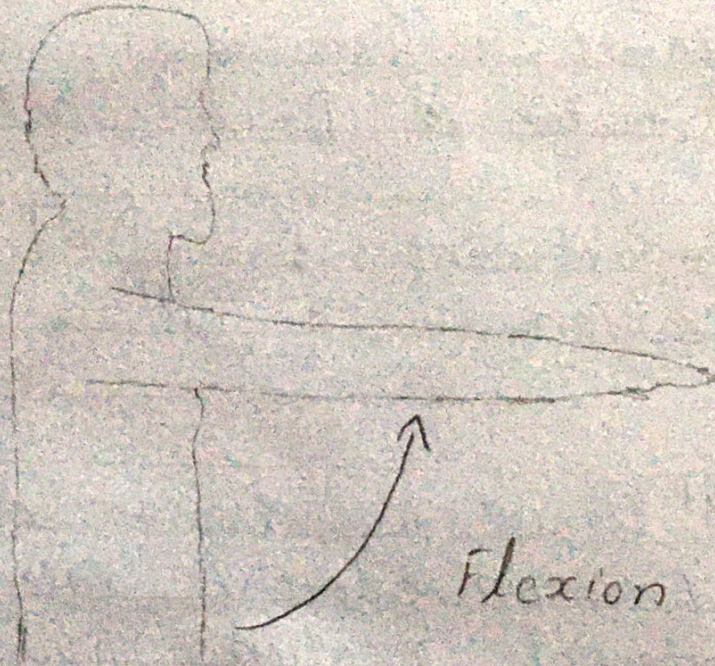
Q1:

- A) Draw a diagram of flexion, extension, abduction, internal and external rotation shoulder joint.
- B) Draw a diagram of flexion, extension, supination and pronation on elbow joint.
- C) Draw diagram of flexion, extension, radial and ulnar deviation on wrist joint.



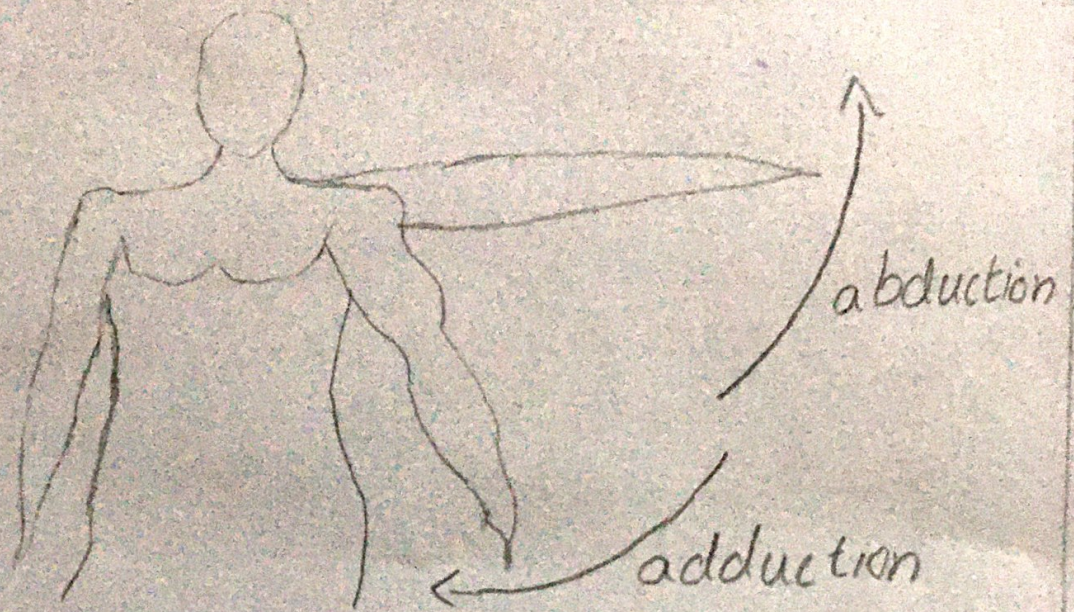
as  
Answer:

Flexion and extension on shoulder joint.

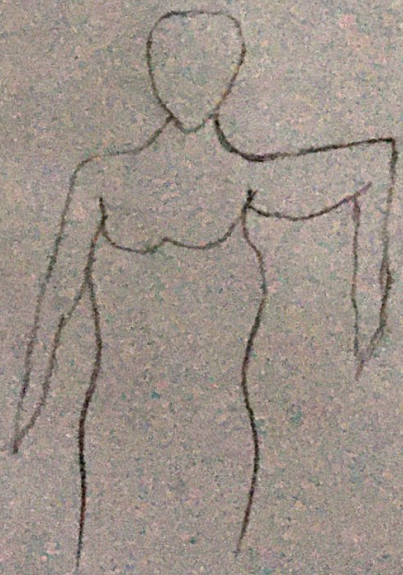




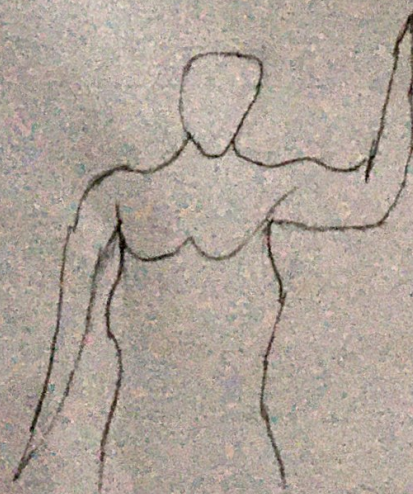
=> Abduction and Adduction on shoulder joint.



=> Internal and external rotation on shoulder joint.



Internal  
Rotation

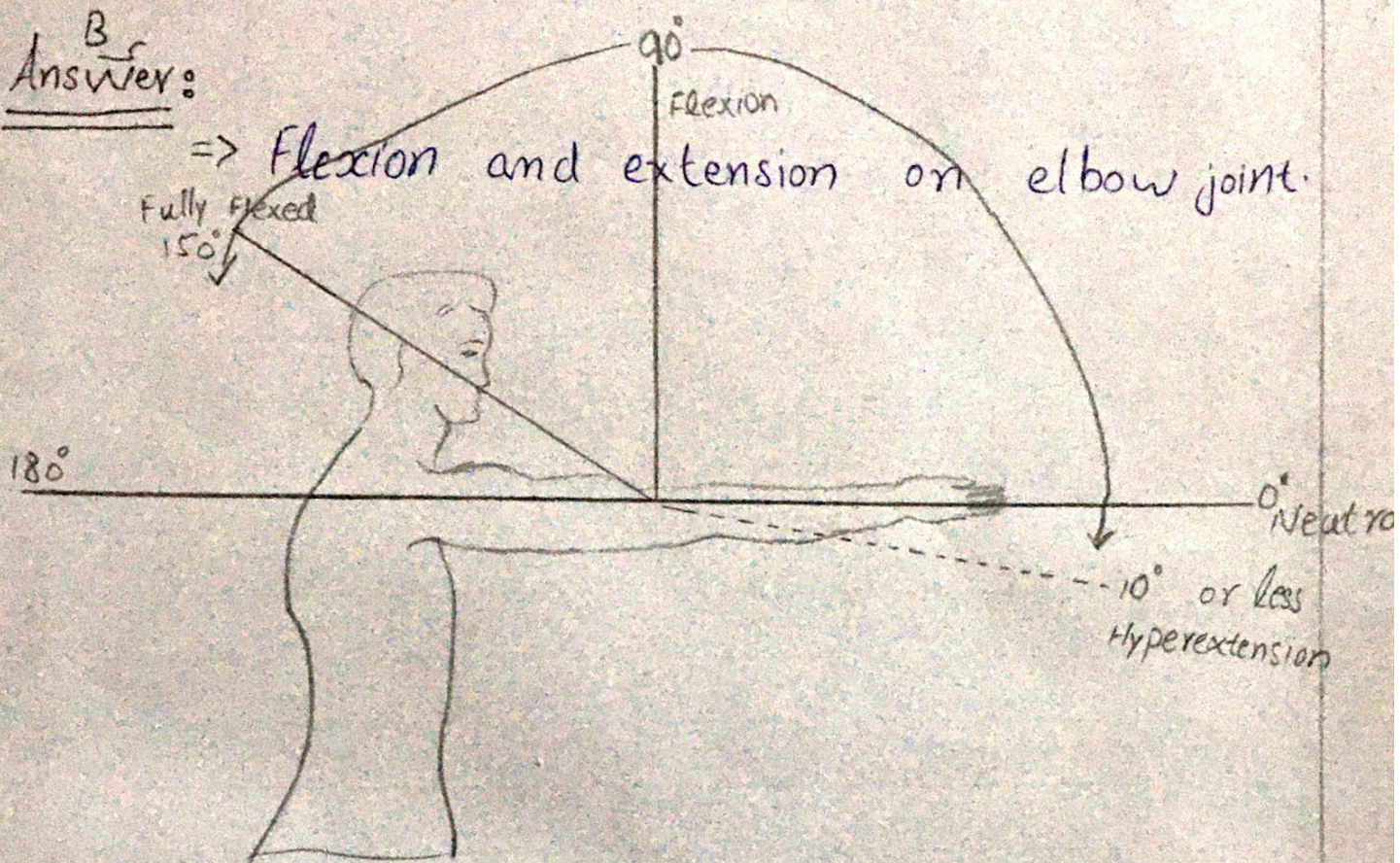


External  
Rotation



B  
Answer:

=> Flexion and extension on elbow joint.

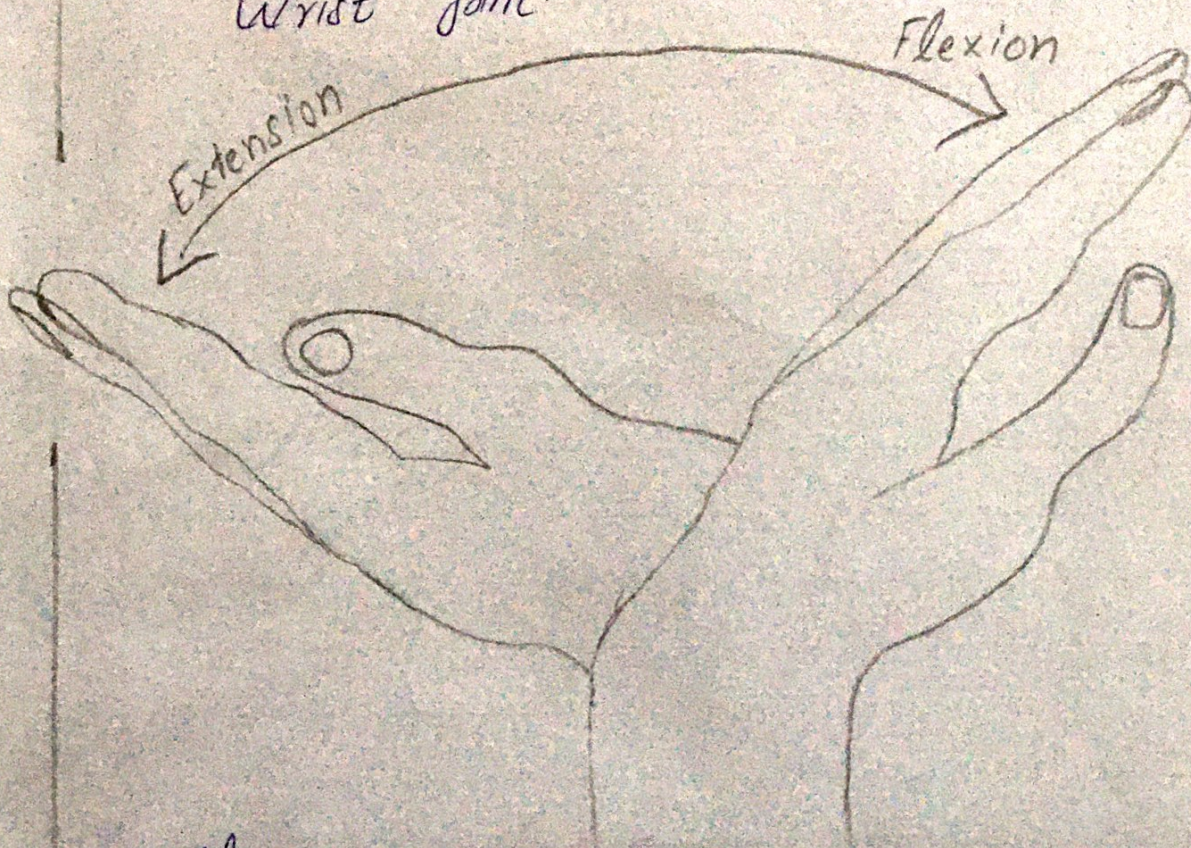


=> Pronation and supination on elbow joint.





Q3  
Answer: Flexion and Extension on  
Wrist joint.



=> Ulnar deviation on wrist joint.

