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Q1

Ans:-

WHAT IS BLOOD PRESSURE

Blood pressure is the pressure of circulating blood on the walls of blood vessels. Or

The pressure of blood against the blood vessels is called blood pressure.

SYSTOLIC BLOOD PRESSURE

Systolic blood pressure indicates how much pressure your blood is exerting against your artery walls when the heart beats.Or

The muxamu blood pressure in the arteries unattainable during systolic blood pressure.

Normal systolic blood pressure is/20+20 mmHg

DIASTOLIC BLOOD PRESSURE

The minimum blood pressure that is obtained at the end of ventricular distole.

Normal range of diastolic blood pressure is /60-90mmHg

NORMAL BLOOD PRESSURE

Normal blood pressure is the blood pressure which is considered between 90/60mmHg and 120/80mmHg. OR

The normal blood pressure is a systolic blood pressure that is less then 120 mmHg and diastolic blood pressure is less then 80mmHg

It is normal in adult

ABNORMAL BLOOD PRESSURE

An abnormal blood pressure your systolic blood pressur average range from 120 to 129 mm of mercury and your diastolic blood pressure is less then 80mmHg.

Q1 (B)

Ans:-

MEASURING BLOOD PRESSURE

Blood pressure is measured with an instrument called a sphygmomanometer. First a cuff is placed around your arm and inflated with a pump until the circulation is cut off. A small valve slowly deflates the cuff and the doctor measuring blood pressure uses a stethoscope, placed over your arm, to listen for the sound of blood pulsing through the arteries. That first sound of rushing blood refers to the systolic blood pressure once the sound fades, the second number indicates the diastolic pressure, the blood pressure of your heart at rest.