

(Allied Health Sciences)

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## QUESTION No 1

### DIFFERENCE B/W PATERNAL-ISTIC & CONSUMERIST DOCTOR PATIENT RELATIONSHIP:

#### • Paternalistic DPR

→ The word "paternal" means "Fatherly" or Related to Fatherly.

\* Doctor takes On Role of "Parent"

\* In this type of Relationship Doctor have full command.

\* Doctor acts as a father

\* patient expected that Doctor will do every thing.

\* Mostly patient have attitude that doctor will do every thing like father.

\* patient accepts all the decisions or paternal role.

\* And also follow all the guideline which is provide by Doctor.

\* It is traditional Doctor patient Relationship.

## • Consumeristic DPR

The word consumer means "spender" or "utilizer".

- \* It is totally opposite to paternalistic DPR.
- \* In this type of relationship the patient is active while doctor is passive.
- \* This type of relationship occurs in those situations in which the patient goes to a private setup or clinic & gives a fee.
- \* Doctor follows all the opinions of the patient. Situation under patient control.
- \* Some patients before seeing a doctor search for their symptoms, diagnosis, medicines on the internet and try to be over-smart.

## QUESTION NO 2

**Ans:** The most effective type of doctor-patient relationship is "Mutualistic Doctor-patient relationship". because in this type of relationship both parties (Doctor & patient) are active and equal partners.

\* The word "Mutual" means "something in between two parties".

\* In this type of Relationship develop understanding b/w two parties.

\* Also both parties can exchange their ideas with each other.

\* Both parties have freedom to say everything.

\* Mutualism is associated with shared decision making and is often advocated as the best type of relationship (patient recall, patient compliance, patient satisfaction improved when physicians applied more positive talk and focused more on partnership building).

\* In Mutualism both parties create environment to exchange

or share their Opinions.

### QUESTION NO 3

#### • TYPES OF INTERVIEWS

- ① panel Interview
- ② One-to-One Interview
- ③ video Conference Interview
- ④ presentation / Demo. Interview
- ⑤ Case Interview

#### ➔ ① Panel Interview:

\* The word Panel means "a group of people".

\* Panel means a selection committee that is appointed for interviewing the candidate.

\* Panel may include three to six members having different role in a organization.

\* Questions are asked to candidates about different aspects to assess their knowledge, skill, ability to make decisions. etc.

\* Final decision are taken by all members collectively by rating the candidates.

- Examples:
- ① Job Interview
  - ② Admission Interview
  - ③ armed forces recruitment.

## → ② One to One Interview:

\* In this interview type the candidate and interviewer meets face-to-face.

\* This type of interview occur between the interviewer and interviewee.

\* One person takes the interview.

\* The interview should maintain eye contact, and respond to all questions of the interview.

\* Most common type.

- Examples:**
- ① Job Interview
  - ② Viva
  - ③ Counseling session.

## → ③ Video conference Interview:

\* Now a days it's most common and important.

\* Video conferencing is typically used to conduct interviews using video technology from a distance.

\* Participants at all sites can hear one another at all times and see the site that currently speaking.

\* Save time and efforts.

\* Also save money.

Example: ① National and Multinational job's recruitment.

### → ④ Presentation/Demo Interview:

\* In this type of interview you can present a topic in front of random people and after the presentation they will ask questions related to your topic.

\* In demo organization member give you topic or selected by you to present in front of people to recognize your skill and ability.

#### • Examples:

- ① class presentation
- ② class Assignment
- ③ Marketing
- ④ Teacher recruitment.

### → ⑤ Case Interview:

\* Interview where the applicant is given a situation / problem / challenge / scenario and asked to resolve the situation on the spot.

\* For judge the analytic skills, ability to think under pressure,

logical thought process, business knowledge and expertise, Creativity, communication and quantitative analysis skills.

• For example:

① Doctors interview

② Psychotherapists interview

③ Marketing professional's interview

## QUESTION NO 4

Ans:

Being a dental technologist, I will follow the following steps to relieve anxiety and fear of patient as well as to provide reassurance due to upcoming surgery.

→ ① Introduce yourself properly

→ ② let your patient be heard

→ ③ Explain the what and the why

→ ④ Don't tell your patient to relax, show them how.

→ ⑤ Use humor

→ ⑥ Prepare yourself for stressful situations

→ ⑦ Be empathetic.



## ① Introduce yourself properly:

In 1st step I will introduce myself. I will tell him about my role, position, ~~job~~ ~~tasks~~.  
→ Also I will tell him that "why I came here" for Assessment History taking, test etc.  
• Remain calm and active.

## ② Let your patient be heard:

→ Dealing with anxious patients is to listen is most important skill.

→ showing empathy

→ He is already in stressful situation, so I will provide space for his upcoming opinions.

→ I'll listen him and doing more time.

→ And also I will asking him open ended questions like "how are you feeling?" or

• "Is there anything I can do to make you feel more comfortable?"

## ③ Explain the what and the why:

Most people comes from unfamiliar environment, so these people's fear

of the hospital.  
→ So I will tell him everything that I am doing and why I am doing it.

#### ④ Don't tell your patient to relax, show them how:

→ It doesn't work that to telling anxious patient to relax.

→ So I'll help him to relax by providing some relaxation techniques like deep breath etc.

→ And also I'll check some vital sign like BP, pulse rate etc.

#### ⑤ Use humor:

→ We are not a Robots so that I'll provide a friendly environment to communicate more.

→ And also my mood will be lighten not seriously because he is already in stress.

→ I will ask him about his profession, kids, grandkids, area, lives etc.

→ and provide a mutualistic environment.

## ⑥ Be empathetic:

- Making a friendly relationship
- I'll consider myself in his place to understand their problem the way they are feeling.
- Showing sympathy.
- I'll not judging him.

THANK YOU SO MUCH