

①

LAILA KAMAL

ID 15292

Q No. Differentiate between deterministic and stochastic effects of radiation.

Ans. Deterministic effect:

=> It is also called non-stochastic effect.

= It is produced by high radiation doses.

= Exhibit increasing severity with increasing radiation dose.

= Dose threshold and the dose response relationship is non-linear.

= Deterministic effects are immediate response.

= Human response within a few days to a few weeks. particularly not important.

Stochastic Effects:

Radiation exposure are the result of low doses.

Doses delivered over a long period.

It consist of radiation induced malignancy and genetic effects, life span shortening.

Effect on local tissue.

Assumed linear, non threshold dose response relationship.

Low and of low LET.

They are chronic in nature because they delivered intermittently over long period.

It is particularly important.

It exhibit an increasing incidence of response.

Not severity with increasing dose.

No dose threshold has been established.

Dose response relationship is linear.

(3)

Explain briefly following terms
radiation, radioactivity,
non-ionizing radiation,
ionizing radiation and
harmful radiation.

Radiation:

Energy emitted and transfer through space is called radiation. Sound is the form of radiation.

Radiation is the transfer of energy. Radiation is the transfer of heat by the emission of infrared radiation. Heat lamps emit not only visible light but also infrared radiation.

Radioactivity:

Some atoms exist in an abnormally excited state characterized by an unstable nucleus. To reach stability,

the nucleus spontaneously emits particles and energy and transforms itself into another atom. The atoms involved are radionuclides.

Radioactivity is the spontaneous emission of particles and energy in order to become stable.

Radioactive decay results in emission of alpha particles, beta particles and usually gamma rays.

Non-Ionizing Radiation:

Radiation used in diagnostic ultrasonography and magnetic resonance imaging are non-ionizing radiation.

Any type of electromagnetic radiation that does not carry enough energy per quantum to ionize atom or molecules that is to completely remove an electron from an atom or molecule.

In stead of producing charged ions when passing through matter, non-ionizing electromagnetic radiation has sufficient energy only for excitation the movement of an electron to higher energy state. In contrast ionizing radiation has a higher energy state, frequency and shorter wavelength than ionizing radiation and can be a serious health hazard, exposure to it can cause burns, radiation sickness, cancer, and genetic damage.

(6)

Ionizing Radiation:

Special type of radiation that include α -ray. Ionizing radiation is any type of radiation that is capable of removing an orbital electron from an atom with which it interacts.

This type of interaction between radiation and matter is called ionization.

Ionization occurs when α -ray passes close to an orbital electron of an atom and transfers sufficient energy to the electron to remove it from the atom. The ionizing radiation may interact with and ionize additional atoms.

The orbital electron and the atom from which it was separated are called an ion pair. The electron is a negative ion, and the remaining atom is a positive ion.

Ionization is the removal of an electron from an atom.

Harmful Radiation:

Radiation has sufficient energy to affect the atoms in living cells and thereby damage their genetic material (DNA).

The cells in our bodies are extremely efficient at repairing this damage.

However, if the damage is not repaired correctly, a cell may die or eventually become cancerous.

Exposure to very high levels of radiation, such as being close to an atomic blast, can cause acute health effects such as cancer and cardiovascular disease. Exposure to low levels of radiation encountered in the environment does not cause immediate health effects, but is a minor contributor to our overall cancer risk.

Q no 3: Write two basic principal of radiation protection?

Ans: Three basic principal should be adhered to when dealing with radiation and making radiographs.

Time

Distance

Shielding

Times Minimize:

Time refer to the time the patient or the technician is exposed to primary or secondary radiation from the x-ray tube. Time can be

minimized by:

=> keeping the time station of the x-ray machine to the lowest possible numbers, and the highest mA station, in order to obtained the desire mAs.

=> Minimizing your time in the room during the exposure.

$$\text{Exposure} = \text{Exposure rate} \times \text{Exposure time}$$

8b

① Cardinal principle:

- = Keep the time of exposure to radiation as short as possible.
 - = Maintain as large a distance as possible between the source of radiation and the exposed person.
 - = Insert shielding material between the radiation source and the exposed person.
- Time - Distance - Shielding.

② ALARA :-

As low as reasonably achievable

9

Distances Maximize :

The principal of distance mean that there needs to be physical distance between the examiner and the patient x-ray tube at the time of exposure.

= Use the positioning device allows every one to physically exit room at the time of exposure.

= if there are staff in the room at the time of exposure make sure that 2 individual holding the patient, which allows each person to further distance themselves from the x-ray tube and area of collimation.

= Holding the patient at the time of exposure provides the greatest chance of secondary or scattered radiation exposure.

= Never stand directly in front of the x-ray tube at the time of the exposure.

if you move from 2 to 4 feet away, you will have decrease the intensity of the scattered radiation by 25%.

(10)

(b)

Write down the names of the radiation protection devices:

- (1) Radiation protection Aprons
- (2) Radiation protection Apron accessories
- (3) Radiation protection Gloves
- (4) " " Glasses
- (5) " " Thyroid shields
- (6) " " Apron Racks.
- (7) " " Barrier and table shield.
- (8) " " Drop shields
- (9) patient Radiation protection
- (10) Veterinary " "

11

Qno4:- What are the features for Radiation protection design? Explain briefly.

Ans:- Many Radiation protection devices and accessories are associated with modern x-ray imaging systems. Two that are appropriate for all diagnostic x-ray imaging system relate to the protective housing of x-ray tube and to the control panel.

protective x-ray Tube Housing.

Every x-ray tube must be contained within a protective housing that reduces leakage radiation during use.

Leakage radiation must be less than 1 mR/hr (100 mR/hr) at a distance of 1 m from the protective housing.

Control panel:

Must be indicated the conditions of exposure and must positively indicate when x-ray tube is energized.

(12)

X-ray beam on must be positively and clearly indicated to the radiologic technologist.

Source to image Receptor Distance Indicator:

SID indicator must be provided. The SID indicator must be accurate to within $\pm 1\%$ of the indicated SID.

Collimation:

Light-localized, variable aperture rectangular collimator should be provided. Cones and diaphragms may replace the collimator for special examination.

The x-ray beam and the light beam must coincide to within $\pm 1\%$ of SID.

Positive - Beam Limitation:

Automatic, light-localized, variable aperture collimator were required on all but special x-ray imaging systems manufactured in the US between 1974 & 1994.

The PBL must be accurate to within 2% of SID.

Beam Alignment:

In addition to proper collimation, each radiographic tube should be provided with a mechanism to ensure proper alignment of x-ray beam, and the image receptor.

Filtration: All general purpose diagnostic x-ray beams must have a total filtration of at least 2.5 mm Al when operated above 70 kVp.

x-ray tubes designed for mammography have 30 μm Mo or 60 μm Rh filtration.

Reproducibility: for any give radiographic technique, the output radiation intensity should be constant from one exposure to another. This is checked by making repeated radiation exposures at the same technique and observing the average variation.

in a radiation intensity.
The variation in x-ray intensity should not exceed.

Linearity:

= When adjacent mA stations are used, for example 100 mA and 200 mA, and exposure time is adjusted for constant mAs, the output radiation intensity should remain constant.

The maximum acceptable variation in linearity is 10% from one mA station to an adjacent mA station.

Operator shield:

=H must not be possible to expose an image receptor while the radiologic technologist stands unprotected outside a fixed protective barrier, usually the console booth. The exposure control should be fixed to the operating console and not to a long cord.

(15)

Mobile x-ray imaging:-

A protective lead apron should be assigned to each mobile x-ray imaging system. The exposure switch of such an imaging system must allow the operator to remain at least 2 m from the x-ray tube during exposure.

The useful beam must be directed away from the radiologic technologist while positioned at this minimum distance.

(16)

Qnais: What is GM counter. How
It can be used as a
radiation protection device?

Ans: GM counter:

A Geiger - Miller (GM) counter
is a gas-filled detector
designed for maximum gas
multiplication effect.

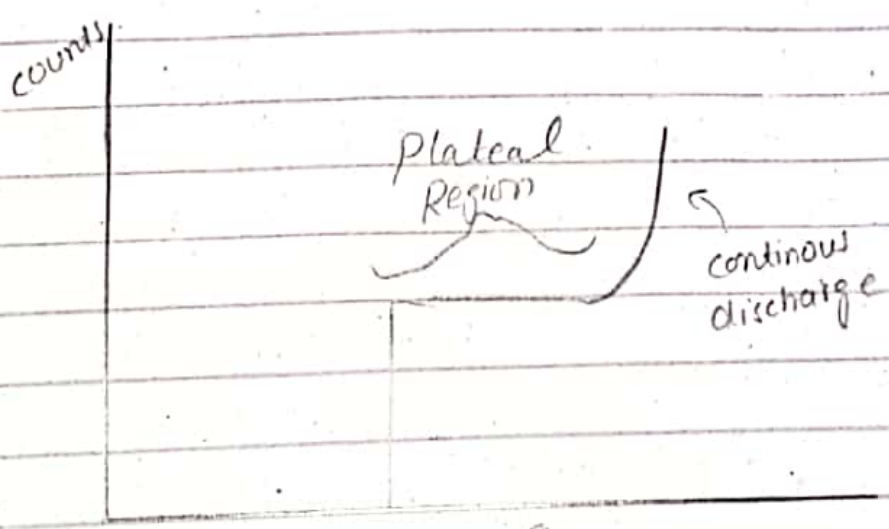
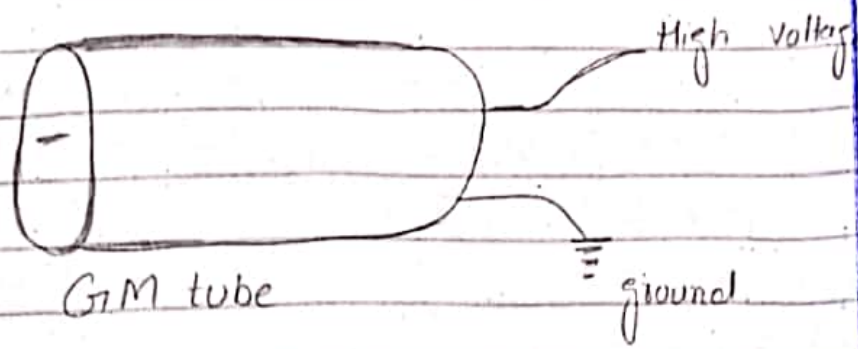
The principal of GM counter
The center wire (anode) is
maintained at a high positive
voltage relative to the outer
cylindrical electrode (cathode)

The outer electrode may be
a cylinder or a metallic
film sprayed on the inside
of the glass or plastic
tube. Some GM counter

have a thin radiation entrance
window at one end of
the tube. The cylinder of
the tube is sealed and
filled with a special gas
mixture, typically argon
plus a quenching gas.
It measured radiation.

alpha, beta and gamma
radiation. Basically it consist
of a pair of electrodes,
surrounded by gas.

For voltage no count are recorded. This is because the electric field is too weak for even one pulse to be recorded. As the voltage increases, eventually one obtains a counting rate.

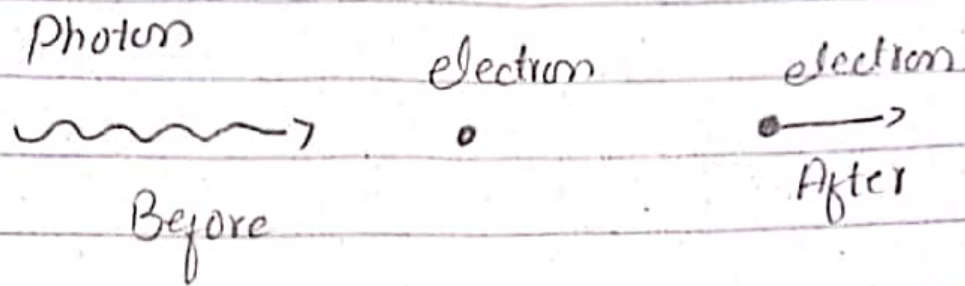


V_0 Starting voltage
 $V_{operating}$ operating voltage
 $\sim V_0 + 50$

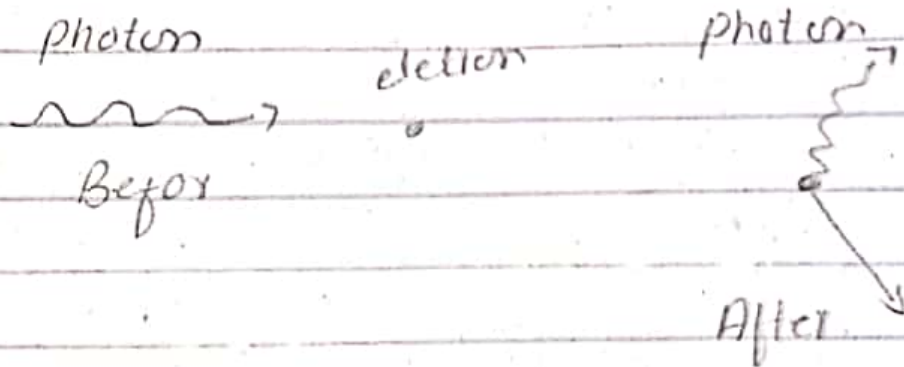
$$\epsilon = \frac{\text{number of particles of radiation detected}}{\text{number of particles of radiation emitted}}$$

18

PHOTO-ABSORPTION



COMPTON SCATTERING



It can be used radiation protection device :-

It detected ionizing radiation such as alpha particles, beta particles and gamma rays using the ionization effect produced in the GM tube.

Limited to 1 mGy/h portable survey for low radiation levels and radioactive contamination.

Proportional counter are sensitive instruments used primarily for the assay of small quantities of radioactivity.

GM are used for the contamination control of nuclear medicine laboratories. As portable survey instrument, they are used to detect the presence of the radioactive contamination on work.

Surface and laboratories apparatus. GM are counter are sensitive instrument that are capable of detecting and indicating single ionizing events.

(20)

Owing to the large charge amplification.

GM survey meters are widely used at very low radiation levels. They are particularly applicable for leak testing and detection of radioactive contamination.

GM counters exhibit strong energy dependence at low photon energies and are not suitable for use in pulsed radiation fields.