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PAPER: COMMMUNITY MEDICINE

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Q1 prevention:.

It is action of stooping something from happening or prevention means to decrease a chances of a disease to effect the peoples to stop the prevention of a disease are called prevention

Example . do exercise regularly and do not smoking .are the example of prevention

Control; the interruption of transmission of a disease that is causd the public

Health problims are called control

Example; HIV/AIDS controling epidamic which means providing a care to shop the

Virus

Elimination;

The complete interruption of transferring of diseased are called

Elimination

Q1 [B] STAGE OF health education :.

The following of different stages of health edukation are

;sensitization

;publicity

;edukation

;attiude change

;motivation and action

;social changes

;1 sensitization

Peoples are sensitize regarding to there issuse through position

Health massages

;2 PUBLICTY

The defferenty advartisement are used for the peoles to infrom him in

Emarge issue which they faced

3;education:

Main stop of healthy education to educate the peoples to prevent

The sprenting of a diseased to emprove a good health

4;attiude change :

In a result of health education in the direction of positive

Behaviour well change the attiude of the peoples

5;motivations and action.percert the peoples towards the batter their own

His pasitive behavior in a society

Q2 ans ETHIC:

Etic is a systeam of moral principle that given a person behaviour or the conducting of an activity

TYPE OF ETHIC

1 MEDICAL ETHIC
it invole physcian contered the appy tithe paractice of medicane

2 helth care ethic:

Itdeals with theissue of nurses and helth care provite

3 BIOETHIC:

Study by ethuc issue of make a dection which realate with a use ofliving organsiam

4 CLINICAL MEDICAL ETHIC

The importance of this type to improve thept caseofby foucing on a research

PRINCIPLE OF ETHIC

Ethicprincipl prprovide the framewrookwhich indivial and socity to resole conflict in fair

1AUTONOMY

Rescpect a person right to make their own choice

Teach person areable to make

Support people in their individal choice

2 BENEFIENCE TO DDO GOOD

The aim of these to people to improve helth improve the qyaltiy of life

To protect these right pravent from

3 Non malefience

do not harm donot infiacadit haram peoplee do not depence people

Don’t kill

4 JUCTICE

To treat the person fianlyy

Don’t be favour with

Someone other

Respeact the peoplr

Given equal right

5 NUMBRING CODE

It is essential inall people used to perform experiment

Q 3 : GENETIC ABNORMALITES

A clasfication are any abnormalties occur in gene are called genetic abnormalties that is transferred from a parent to affspring

TYPE OF GENETIC CHANGE

TWO TYPE

;chromosome abnormality

;signle gene defect

CHROMOSOMAL ABNORMALITY

The may be interited from the parent or may accuer with no family history

ANENPLOidy

Means more or fewear chromosome than normal number

1dowan syndrome:

 cell contain in 3 copies os 1st chromosome

2 tunes syndrome

 effect only grils and worram when chromosome is missing

3 deleation

 when part of chromosome in missing

4 inversion

 whean chromosome breaKS

Mosaciam

WHEAN EXTRA CHROMOSOME IN HIS HER CELL WITH DIFFERENT MATERIALS

Signal gene defect

IT HAVE highly risk is children it can be

DOMINANT

Whean only gene is abnormal the baby have achange of herithing

RECESSIVE

Whean both pareant have abnormal genes have 2 to 4 chance to have a DISEASES

EG SIGNAL CELL ENEMIA

Q 4 diebetes and type

DIBATES IS A CHNANIC disuse when

Pencruse does not prodnced enough insulin called dibits and this is high

Lenel of sugar is cuuerse inuelue in a body called diebetios

TYPES

TWO TYPE

DIBRTES TYPE 1

TYPE 2

TYPE 1;

WHEN OUR IMNUNE system destroys calls in our peionrease make insulin

Symptoms:

Excreation

Thirst

Weight loss,fatigue

Type 2:

 when our pancrease do not produecd insulin.

Syptoms:

Fatigue

Swelling

Weight loss

[B]DIBETIC MALITIS

It is occur due to insulin resistance or insulin deficiiency and subsequeant heigh blood glucuse lelel

DIBETIC INSIPIDUS

It develops as a result of stilted product of hormnal in brian what stop the product of unine in akidnes in order to retian water

{C} preventions:

 worak out regular

;drink water

;loss weight if your overweight

;quiat smoking

;be physically active

;reducead sugar intake

;eat healthy diet suchas frutis and vegtiable

Do physical acticty

Q[5]MENTAL DISORDER

A mental disorder or psychiatric disorder is a mental behaviour cause distress or disabilty

TYPES OF M DIS

ANXIETY DISORDER

The anxiety disorder to certain object or situations with fears as with physical sign an anxiety such as repaid heart and sweating

EATING DISORDERS

Involve heigh emtionals attitudes aeight and food

MOOD DISORDER

Inolove feelings or sadness and feelings aovely happy

PSYCHOTIC DISORDER
it involedisortead thinking

Impulse controal and addchional disorder whean a person is unbale to controal thieself whisch is haramfull to their body

PERSONALITY DISORDER

People with a personlity disorder have extream and flexible personality which they case in worak and society

ADJUSMINT DISORDER

Whean a persoon do not control thiself called and response to stressfull event

[B] Q5

The perfass of helth information is to provide better care for a the patient and help to acchive helth aculity

HeaLTH INFORMATION im prove the cu;ity of helath xcare delevery

The increase patient sapiety

The decrease medicale error

Strenith the interctioas bt patienat helath carre providerr thus why ve need helatjh and information systeam