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Assignment : ORTHODONTICS

ORAL HABITS :-

Oral habits in infancy and early childhood considered normal.

From 3-4 years and above may become symptoms and its effect the development of the maxillofacial complex.

- The child who sucking high intensity in low duration have less effect on the teeth than the child that use low force with long duration (6 hr.) per day.

ORAL HABITS DEPENDS ON :-

- 1, Intensity: Amount of force applied on the tooth.
- 2) Frequently: number of times that the habits present in a day.
- 3, duration: The amount of time spent in the habits.

Thumb Sucking habits :-

Thumb Sucking habits define as placement of the thumb into the mouth. Not only the thumb it can be any finger.

The thumb habits is the majority of the oral habits.

How To Stop This habits ???

First ask the patient to leave it and talk with the parents.
Second use of orthodontic appliances.

1. Fixed appliances → Cemented to the teeth
2. Removable appliances → Can be removal

Pacifier Habits :

Pacifier habits is the same as the thumb sucking with the same effect on the dental and development of the arch. It can be develop media diastema.

Treatment of this habits can be done without orthodontics appliances

By take it out from him or can be make bad habit, so he will leave it.

Lip Habits :

Lip sucking The most commonly lip habits is sucking the lip behind the upper incisor

Nail Bite :

- Rarely seen in the patient before 3-6 years
- most effect is removal of the occlusal surface of the tooth which will lead to over eruption of the opposite tooth
- may lead to anterior open bite or tooth cross bite.

Tongue Thrust Habits :

Tongue thrust habits : Condition in which the tongue make contact with anterior teeth during swallowing to meet the lower lip.

P - T - O

- All infants exhibit a swallowing pattern involving tongue protrusion, but by six months of age most lose this reflex allowing for the ingestion of solid foods.
- Tongue thrust is normal in infants until approximately the age of six months.
- The most cause of it large tongue.
- It will cause anterior openbite.

Mouth Breathing :

- Mouth Breathing: Respiration from the mouth instead of the nose.
- 1. The most cause of it that .
- 2. Nasal obstruction
- 3. Lip Incompetence .