Subject: Evidenced Based Practice Lab

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**Q1: WHAT ARE CLINICAL GUIDELINES?**

**ANS: CLINICAL GUIDLINES:**

 Systematically deloped statement to assist practiotioners and patient decisions about appropriate health care for specific circumstances

Guidlines are designed to support the decision making processes in patient care.

The content of a guidline is based on a systematic review of clinical evidence based care:

**INFORMATION:**

About diagnosed, prognosis, effects of therapy

Clicical guidlines an efficient **altermative**

Clinical guidlines provide a **single source** of information

They provide a single source of information about the management of clinical condition

Evidence based clinical guidlines integrate high quality clinical experts and patients, in order to formulate relible recommendations for practice

**Q:2 Why do we need clinical guidelines?**

**ANS:**

With the increasing volume of high quaility clinical research availible to physical therapists,

It can be a challange to determine which study outcomes are sufficently rellible to be applied in practice

But high quality clinical guidlines do the work

The implementation of clincal guidlines should provide more consistent, as well as more effective care for patients

They also provide an important resource for patients helping them understand thier condition and treatement options

Only a minoity of clinical guidlines are published in jourmals, so the major databases such as medline, embase and cinahl provide a poor way of locating practice guidlines

The most complete databasis relevent to physiothrophy si pedro

The clinical practice guidlines must contain systematically developed statements

That include recommendations strategies or information

That assists physiotherapists or patients to make decisions about appropriate health care for specific clinical cicumstances.

**Q 3: What is Clinical AUDIT? explain in detail**

**ANS:**

**CLINICAL AUDIT IS A PROCESS THAT HAS BEEN DEFINED AS:**

a quaility improvement process that seeks to improve patient care and outcomes through systematic review of care aghainst explicit criteria and implementation of change

evaluation of data documents and resouces to check performance of systems meets specified standards

the key component of clinical audit is that

performance is reviewed (or audited) to ensure that what should be done is being done and

if not it provides a framework to enable improvement to be made

for improving the standard of clinical practice

maintain participant and staff safty

maintain data quality

protect reputation of staff host and sponsorer

protect current and future funding

improve quality

it does not involve experiments

it uses data that already exists

**FIVE STAGES OF CLINICAL AUDIT:**

1. **Preparing for audit/ identify problem or issue**
2. **Selection criteria/standards**
3. **Measuring level of performance**
4. **Making improvements**
5. **Sustaining improvement**