

Department	(AHS) MIC, DT,RAD & DPT
Subject	English-II
Marks	30
Semester	-II
Final Term Assignment	Spring 2020
Instructor	Hajra Iqbal

Fill below blocks.

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Instructions: Your time starts once you log in. You have only 6 hours to complete and submit your paper on the portal. After 6 hours your time would be automatically expired. Download this paper and save it with your full name and subject. Attempt all the answers on the same page and keep in your mind to click the **SAVE** after every 10 minutes. When you are done with paper, go through it and submit your final copy with your name and id on SIC portal.

Note: i. Attempt all four questions.

1. Write Short Notes . / 20 Marks

- a. Three Steps of Essay
- b. Five Uses of Comma and Full Stop.
- c. Define Phrase and Clause with two examples.
- d. What is Memorandum

2. Write an essay on any one Topic. (340-350) Word Count /20 Marks

- a. Smoking in public places has to be banned.
- b. Parents are our first and most important teachers. Describe a specific valuable lesson from one of your parents
- c. The way I spend my lockdown during Covid-19..

3. Read and Summarize the following Passage in your own words . /10 Marks

Health' is a state of complete physical, social and mental well being and not merely the absence of disease or infirmity. Health is thus a level of functional efficiency of living beings and a general condition of a persons mind, body and spirit, meaning it is free from illness, injury and pain. It is a resource of everyday life and a positive concept emphasizing physical capabilities.

Good health is a secret of every happy man. There is an old saying, 'Health is Wealth'. Staying healthy for children is vital for proper growth and development of mind and body as they need to focus in the class and fully participate in the activities on the field. Parents must take their children for medical check-up and learn from experts about their development in terms of height and weight, as it has a huge impact on their overall performance and efficiency. If you are strong and healthy, you can be a shining example to others and teach them how to achieve vibrant health.

Good health is a matter of great concern, to maintain it, healthy living and a disciplined life is a must. One of the best ways is to drink plenty of water as it reduces the risk of infection, keeps your skin healthy, reduces the risk of heart attack, burns body fat and regulates our body temperature. We should sleep well as it relaxes our body and reduces stress. We need to have a balanced diet and go for long, brisk walks. Our motto should be to keep our body clean in order to remain healthy. We must laugh more as laughing is a therapy and a secret of good health. The government should include integrated health programs into their public policies and control specific health problems.

kind of essay :Narrative or Argumentative essay

topic. An essay is a short non. function non imaginary work about a subject. it may be classic by tone and style as formal or informal. it has many purposes depending on what the write about and how he/she wants to affect the readers.

Essay

(SMOKING)

SMOKING IS HATEFUL TO THE

NOSE, HARMFULL TO THE BRAIN

AND DANGEROUS TO THE Lungs.

By smoking we usually mean smoking of tobacco there are many people who are addicted to the smoking of various intoxicating drugs. People can be seen smoking hookan pipes cigars cigarette and marijuana etc. tobacco was first brought from America to Europe early one day in 1492 Columbus shipmates saw the people of and island (now known as cuba) smoking rolled leaves. they did the same and became smokers vary soon.

'The key is focusing on the positive. buildup the good things in your life and the smoking go away by itself"

smoking have become one of the essential of modern life. it has become a fashion. it is perhaps the most common pastime among a our young men. it has become popular alarming extent cigarettes are soon in the mouths of woman and smell children. unfortunately cigarettes are vary cheap moreover they can easily be carried in a pocked. smoking is vary injurious for health it prevails in every part of the word. doctors tells us that one cigarettes effect so much posion in our body as would be sufficient to kill a frog. mental depression nervous break down and many other diseases of our body are the result of our smoking. the pulse and heart of a smokers beat faster. smoking weakens has vital organs permanently. tobacco contains an oily substance called nicotine which is very dangerous to health. the smoke affects the wind pipe and the lungs.

smoking cigarette effect

the respiratory system the circulatory system, the skin
the eye and it increases the risk of many different cancers. "

that is why smoking is the basic cause of lung cancer. the smokers suffer from cold and cough. they get bad and dirty teeth which cause many diseases of stomach their lungs are lost their memory becomes weak and their eyesight is damaged. smoking has become an accepted social evil. Once this habit is formed it is vary difficult to get rid of it. the smokers do know the harms given by smoking but it is no easy for them to give it up. some smokers consider it a cham and are proud of being smokers. they fell a romantic delight in striking a match to light a cigarette. the shape of cigarette is compared to the figures of a beautiful lady. in short smoking is a bad habit. it must not be publicised on radios, television and in films. when the children see that their favourite character is a cham.

smoking causes 84% of
deaths from lung cancer
and 83% of deaths from chronic obstructive
pulmonary diseases
(COPD).

choice is yours but don't be late.

When the children see their favorite character is a chain smoker, they do try to follow him. The parents should keep an eye on the children. They should know where their children sit. They should not allow their dear ones to sit in the company of those boys who are addicted to smoking. Our government should take some practical steps against smoking. Media can play an important role in this regard. All such advertisements that directly or indirectly tend to publicize smoking should be banned.

Q. 1

a. Three steps of an essay?

ANS. Step 1. What is a paragraph?

It's important to keep your points clear when writing an effective essay. A paragraph must make a point.

Step 2. Structure your essay. Make sure to include signposts along the way to keep your reader on track.

Step 3. Conclude your argument.

Q. 1

b. Five uses of a comma

- use commas to separate three or more words or clauses written in a series. e. g. the candidate promised to lower taxes, the environment, and reduce crime.
- used to separate independent clauses when they are joined by any of these seven

coordinating, conjunction, and, but, for, or, nor, so, yet. e. g I have panted the entire house, but he still working and sanding the door.

- use Comma after introductory clauses phrases, or words that come before the main clauses.

e.g while I was eating, the car scratched at the door

- use comma to separate a direct quotation from the rest of the sentence.

e. g Mather asked, who wants to get ice cream? " I do, he said.

- use commas wherever necessary to prevent possible confusion or misreading.

e. g to Steve uncoin was the greatest president.

- use comma to separate a statements from a question

e. g I can go, can't i?

- use comma to separate condrastring part of a sentence.

e. g that us my money, not yours.

five uses comma of full stop.

Full stop

full stop second name is period 5 uses

- used at the end of a complete sentence.
- use at the end of an indirect question.
- full stop is use for emphasis or dramatic effect in informal writing.
- full stop is also sometimes used to show abbreviated word or phrase.
- full stop is also used in time abreviations

Q. 1

c. Define phrase and clauses with two examples.

ANS. phrase: A phrase is a group of words, without a subject and verbs, that function in a sentence as one part

e. g 1. friday become a cool, wet afternoon.

2. Mary might have been outside for you.
3. Eating ice cream on a hot day can be a good way to cool off.
4. she helped to build the roof.
5. In the kitchen, you will find my mom.

clause. A clause is a group of words with its own subject and verb.

- e. g after the car went off the road, it was totaled (depending)
- she sang when it was her time (dependent)
- he hugged her although she was wet. (Dependent)
- Before the dance, she went home (Dependent)
- The help out if they get to listen to music (Dependent).

Q. 1

D. What are memorandums.

- ANS. Memorandums are less formal and shorter than letter
- used most often for communication within one organization.
- The heading and overall tone make a memorandum different from a business letter.
- All information is on single topic.

Q. 3. summary

Growing up you might have heard the term 'Health is wealth', but its essential meaning is still not clear to most people. generally, people confuse good health with being free of any kind of illnesses. while it may be part of the case, it is not entirely what good health is all about. in other words I, to lead a healthy life, a person must be fit and fine both physically and mentally for instance, if you are constantly eating junk food yet you do not have any disease, it does not make you healthy. you are not consuming healthy food which naturally means your are not healthy, just surviving. therefore, to actually live and not merely survive, you need to have the basic essentials that make up for a healthy lifestyle.

if u wish to acquire a healthy lifestyle, you will certainly have to make some changes in

your life. maintaining a healthy lifestyle demands consistent habits and disciplined life. there are various good habits that you can adopt like exercising regularly which will maintain your physical fitness. it also affects your mental health as when your appearance enhances, your confidence will automatically get boosted.

further it will prevent obesity and help you burn out extra fat from your body. After that a balanced diet is of great importance. when you intake appropriate amount of nutrition, vitamins, proteins, calories and more, your immune system will strengthen. this will, in turn help you fight off diseases powerfully resultant in a disease_free life.

above all, cleanliness plays a significant role in maintaining a healthy lifestyle. your balanced diet and regular exercise will be completely useless if you live in an unhealthy environment. one must always maintain cleanliness in their surroundings so as to avoid the risk of catching communicable diseases.

BENEFITS OF A HEALTHY LIFESTYLE :

As it is clear by now, good health is a luxury which everyone wants but some of them cannot afford. this point itself the importance of healthy lifestyle. when a person leads a healthy lifestyle, he/she will be free from the tention of seeking medical attention every now and then.

on the contrary if you have poor health, you will usually spend your time in a hospital and the bills will take away your mental peace. therefore, a healthy lifestyle means you will be able to enjoy your life freely. similarly, when you have a relaxed mind at all times, you will be able to keep your loved ones happy.

moreover, a healthy lifestyle will push you to do better in life and motivate you to achieve higher targets. it usually happens that people who are extremely wealthy in terms of money often lack good health. this just proves that all the riches in the world will do you no good if there is an absence of healthy lifestyle.

in short, a healthy life is the highest blessing which must not be taken for granted it is truly the source of all happiness. money may buy you all the luxuries in the world but it cannot buy you good health. you are solely responsible for that, so for your well-being and happiness. it is better to switch to a healthy lifestyle.

THE END