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**PAPER : RADIATION PROTECTION**  
**(AHS)**

**QUESTION NO :1**  
**ANSWER:**

**LAW OF BERGONIE AND TRIBONDEAU:**

**Background:**

- In 1906, one of the radiology's most important discoveries was made the law of Bergonie and Tribondeau.

**STATEMENT:**

- This law states that the radiosensitivity of living tissue varies with maturation and metabolism.

**EXPLANATION:**

- Stem cells are radiosensitive.
- Mature cells are radioresistant.
- Immature or younger cells are more radiosensitive.
- Resistance to radiation increases with increased cell maturity.
- Tissues with high metabolic activity are radiosensitive.
- High proliferation (reproductive) rate for cells and a high growth rate for tissues result in increased radiosensitivity.

**PHYSICAL FACTORS THAT AFFECT RADIOSENSITIVITY:**

**1.LINEAR ENERGY TRANSFER:**

**2.RELATIVE BIOLOGIC EFFECTIVENESS:**

**3.PROACTION AND FRACTIONATION:**

**1:LINEAR ENERGY TRANSFER ( LET):**

- Rate at which energy is transferred from a beam of radiation to the tissue through which it travels.
- It is another method of expressing radiation quality.
- Determining the value of the radiation weighting factor used in radiation protection.
- The LET of diagnostic x-ray is 3.

**UNIT OF LET:**

- It is expressed in units of kiloelectron volt of energy transferred per micrometer of track length in soft tissue.
- KeV/um

## **2:RELATIVE BIOLOGIC EFFECTIVENESS (RBE):**

- RBE is directly proportional to LET.
- As the LET of radiation increases, the ability to produce biologic damage also increases.
- This effect is quantitatively described by the relative biologic effectiveness.
- The RBE of diagnostic x-rays is 1.

## **3: PROTRACTION AND FRACTIONATION:**

- If the dose is delivered continuously but at a lower dose rate it is said to be protraction.
- When a dose is delivered at the same dose but in equal fractions is said to be fractionation.
- Dose fractionation is used routinely in radiation oncology.
- Dose protraction and fractionation cause less effect because time is allowed for intracellular repair and tissue recovery.

**QUESTION NO :2**

**ANSWER:**

**SHORT NOTE ON:**

## **1: IRRADIATION OF MACROMOLECULES:**

- When macromolecules are irradiated in solution in vitro, three major effects occur.

**1:MAIN- CHAIN SCISSION.**

**2:CROSS- LINKING.**

**3:POINT LESION.**

## **1:MAIN CHAIN SCISSION:**

- Main chain scission is the breakage of the backbone of the long chain macromolecules.
- Reduction of a long, single molecule into many smaller molecules.
- Main chain scission reduces the size of the macromolecules .
- It also reduces the size of the viscosity of the solution.
- Viscous solution is very thick and slow to flow like cold maple syrup.

## **2:CROSS-LINKING:**

- Some macromolecules have small spurlike side structures that extend off the main chain.
- These structures behave as a sticky substance on the end, attach to neighboring macromolecule or to another segment of the same molecule.
- This process is called cross-linking.

## **3: POINT LESION:**

- Disruption of single chemical bonds producing point Lesion.

- Point Lesion are not detectable.
- They can cause a minor modification of the molecule.
- Point lesion can result in the stochastic radiation effects observed at the whole body level.

### **2:RADIOLYSIS OF WATER:**

- When water is irradiated it dissociates into other molecular products this action is called radiolysis of water.
- When an atom of water H<sub>2</sub>O is irradiated it is ionized and dissociates into two ions an ion pair.

### **3: EFFECT OF RADIATION ON CELL:**

#### **CELL TRANSFORMATION:**

- Mitotic Delay
- Interference with function
- Chromosome breakage

#### **CELL DEATH:**

- Instant
- Reproductive
- Interphase death
- Mitotic or genetic death

#### **REPAIR:**

- Most common

### **4:FRACTIONATION AND PROTRACTION:**

- If the dose is delivered continuously at a lower dose rate, it is said to be protracted.
- If the 6- Gy dose is delivered at the same dose rate but in equal 12 fractions of 500 mGy, all separated by 24 hours, the mouse will survive.
- The dose is said to be fractionated.
- Radiation dose fractionation reduces the effect because cells undergo repair and recovery between doses.
- Dose fractionation is used routinely in radiation oncology.

### **QUESTION NO :3**

#### **ANSWER:**

- **SUMMARY OF THE EARLY EFFECTS OF RADIATION ON THE HUMAN BODY:**

- After exposure to a high radiation dose, humans can experience a response within a few days to a few weeks .
- This immediate response is called a **deterministic effect**.
- Such early effects are deterministic, the severity of response is dose related, there is a dose threshold ,and the dose-response relationship.

- **DETERMINISTIC EFFECTS OF RADIATION ON HUMANS:**

**1: ACUTE RADIATION SYNDROME.**

- The sequence of events that follows high dose radiation exposure leading to death within a few days or weeks is called acute radiation syndrome.
- It includes the following;
  - a.Hematological syndrome**
  - b.Gastrointestinal syndrome**
  - c.Central nervous system syndrome**
- These syndromes are dose related.

**2: LOCAL TISSUE DAMAGE:**

- When only part of the body is irradiated, higher doses are tolerated.
- Examples of the local tissue damage includes;
  - a.Effects on skin**
  - b.Effects on gonads**
  - c.Extremities**

**a.EFFECTS ON SKIN:**

- The first manifestation of radiation injury to the skin is damage to the basal cells.
- It includes;
  - **Erythema**
  - **Early transient erythema**
  - **Hair loss**
  - **Desquamation**
  - **Epilation**

**b.EFFECTS ON GONADS:**

- Radiation of the male testes result in a reduction of spermatozoa.
- A dose of 2 Gyt produces the temporarily infertility.
- A dose of 5 Gyt to the testes produces permanent sterility.

**3.EFFECTS ON HEMATOLOGIC SYSTEM:**

- It includes;
  - **Lymphocytes**
  - **Granulocytes**
  - **Thrombocytes**
  - **Erythrocyte**

**HEMOPOIETIC SYSTEM:**

- The hemopoietic system consists of bone marrow, circulating blood and lymphoid tissue.
- The principal effect of radiation on this system is fewer blood cells in the peripheral circulation.

**4: CYTOGENETIC DAMAGE:**

- The study of chromosome damage from radiation exposure is called cytogenetics.

- Chromosome damage takes on the following different forms:
  1. **dicentric chromosome aberration.**
  2. **chromatid deletion.**
  3. **reciprocal translocation.**

**END OF PAPER..!  
THANK YOU...!**