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Paper : Physiology

Question-1

Answer:

Drug Receptor

It is defined as a macromolecule or binding site located on the surface or inside the effector cell that serves to recognize the signal molecule/drug and initiate the response to it, but itself has no other function.

The largest number of drugs do not bind directly to the effectors viz.

enzymes, transporters, structural proteins, etc but act through specific regulatory macromolecules which control the above listed effectors.

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2 Major Receptor Families

These receptors may be divided into four families.

1. Ligand-gated ion channels.
2. G proteins coupled receptors
3. Enzyme linked receptors
4. Intracellular receptors.

Ligand-gated ion channels:

The first receptor family comprises ligand-gated ion channels that are responsible for regulation of the flow of ions across cell membranes.

The activity of these channels is regulated by binding of a ligand to the channel. Response to these receptors is very rapid having durations of a few milliseconds.

G proteins coupled Receptors :

These receptors are

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comprised of a single peptide that has seven membrane-spanning regions and these receptors are linked to a G protein having three subunits an α subunit that binds guanine triphosphate and β , γ subunit.

Binding of the appropriate ligand to the extracellular region of the receptor act the G protein so that GTP replaces guanos diphosphate on subunit. These effectors usually an enzyme or ion channel. These effectors the change concentrations of second messengers that are responsible for further actions within the cell.

Second messengers:

1: A common pathway turned on by G_s , and other type of the G protein, is the activation of adenylyl cyclase by a GTP subunits.

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2. G proteins also activate phospholipase C.

3. G proteins coupled receptors also activate guanylyl cyclase, which converts cyclic guanosine monophosphate (GTP) to cyclic guanosine monophosphate.

4. A fourth second messenger that activates GMP dependent protein kinase.



Question - 2

Answer:

Drug interaction:

Definition: It is defined as an alternation in the duration or magnitude of pharmacological effect of one drug produced by another drug.

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food or any other substance.

Types

1: (Drug-drug interactions) between drug come to mind.

2: (Drug-food interactions) interact may also exist between drugs and food.

3: (Drug-plant interactions) drugs and medical plants or herbs.

4: (Drug-disease interactions) two types of drug interactions.

1: Pharmacokinetic

2: Pharmacodynamic.

Drug - Drug interactions:

Drug - drug interactions occur when a drug interacts or interferes with another drug.

This can alter the way one or both of the drugs act in

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the body or cause unexpected side effect -

- Codeine + Paracetamol addition. (increased analgesic effect).
- Aspirin + warfarin synergism (excessive bleeding) -

Drug-Food interactions

A drug food interactions happens when the food you eat affects the ingredients in a medicine you are taking so the medicine cannot work the way it should.

Benzodiazepines + grapefruit inhibit enzymes involved in drug metabolism.

Drug-disease interactions

Drug & condition interactions occur when a drug worsens or exacerbates an existing medical condition.

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- Nasal decongestants + hypertension increased blood pressure.

- calcium channel blockers + heart failure negative inotropic activity.

Pharmacokinetic interactions:

1: Altered GI absorption

- Altered pH
- Altered bacterial flora
- formation of drug chelates or complexes-
- Drug induced mucosal damage.
- Altered GI motility.

a Altered PH:

The non-ionized form of a drug is more lipid soluble and more readily absorbed from GI than the ionized form does-

example

Antacids decrease the tablet dissolution of ketoconazole (acidic).

b: Altered intestinal bacterial flora:

Example: 40% or more of the administered digoxin does is metabolised by the intestinal flora.

Antibiotic kill a large number of normal flora of the intestine increase digoxin concentration.

c: Complexation or chelation:

Example: 1

Tetracycline interacts with iron preparations as milk (Ca^{2+}) unabsorbable complex.

Example: 2

Antacid hydroxide decrease absorption of ciprofloxacin by 85% due to chelation.

D: Drug induced mucosal damage:

g Antineoplastic agents.

Example

cyclophosphamide, vincristine, inhibit absorption of several drugs e.g digoxin.

E: Altered motility:

Metoclopramide increase absorption of cyclosporine due to the increase of stomach emptying time.

F: Displaced protein binding:

It depend on the affinity of the drug to plasma protein. The most likely bound drug is capable to displace other.

phenytoin is a highly bound to plasma protein (90%) and warfarin (99%)

g: Altered metabolism:

The effect of one drug on the metabolism of other is well documented.

to be used for major surgery but they can also be used for minor surgery.

Example:

ABC skin and gut.



Question-3

Answer

General anesthesia

Local anesthesia

→ General anesthetics which result in a reversible loss of consciousness.

→ Local anesthetics which cause a reversible loss of sensation for a limited region of the body without necessarily affecting consciousness.

- CNS
- whole body
- last
- Essential

Peripheral nerves
Restored as unaltered, usually not needed.

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- Risky
- possible
- preferred
- Not preferred

Safe.
Not possible.
cannot be preferred.
preferred.

Stages of Anesthesia

Stage 1 Analgesia

In stage 1 the patient has decreased awareness of pain, sometimes with amnesia. consciousness may be impaired but it not lost.

Stage 2 Disinhibition / excitement

In stage 2 the patient appears to be delirious and excited. Amnesia occurs reflexes are enhanced and respiration is typically irregular and incontinence may occur.

Stage 3 surgical Anesthesia

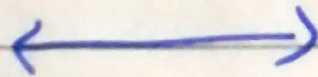
In stage 3 the patient is unconscious and has

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no pain reflexes respiration
is very regular and
blood pressure is maintained.

Stage: 4 Medullary Depression

In stage 4 the patient
develops severe respiratory
and cardiovascular depression
that requires mechanical
and pharmacologic support.



Question-4

Answer

A) Heart failure

Heart failure means that
the heart is unable to
pump blood around the
body properly.
It usually occurs because
the heart has become
too weak or stiff.
It's sometimes called
congestive heart failure,
although this name is
not widely used.

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nowadays.

PATHOPHYSIOLOGY OF heart failure :

The main pathophysiology of heart failure is a reduction in the efficiency of heart muscles through damage or overloading.

As such it can be caused by a wide number of conditions, including myocardial infarction, hypertension and amyloidosis. (in which misfolded proteins are deposited in heart muscle causing it to stiffen). Over time these increases in workload will produce changes to the heart itself.

B) Drug used for treatment of heart along with mechanism :

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Cardiac glycoside

Increase Ca^{2+} increase
cardiac contractility.

Beta agonists

Dopamine and dobutamine
exert a fairly specific
positive inotropic
effect.

Phosphodiesterase Inhibitors

These agents cause a
cAMP-mediated increase
in intracellular calcium
which subsequently increase
the force of contraction
within the myocardial
cell.

Vasodilators (Nitroprusside)

Produces vasodilation by
blocking α_1 receptors
on vascular smooth
muscle.

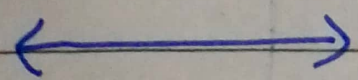
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Osmotic

Osmotic work by inhibiting the reabsorption of sodium from the nephron, which then decrease the amount of water.

Beta Blockers

These drugs these force normalize sympathetic stimulation of heart rate and myocardial contraction force (negative inotropic effect).



Question-5

Answer

A)

Broad spectrum antibiotics :

effective against both gram +ve and gram -ve

Narrow spectrum antibiotics :

effective against only specific type of

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bacteria
e.g. tetracycline.

bacteria such
as isoniazid
bacillus bacteria
tuberculosis
macrolides and
penicillins G.

Broad spectrum
antibiotics act
against multiple
strains and
forms of different
bacteria which share
common structure
and metabolic
functions that
can be attacked
and affected.

Narrow spectrum
antibiotics are
more specific
in their course
and act against
only certain
bacteria as
a more targeted
approach.

Classification of antibiotic Drug :

- Aminoglycosides - gentamicin, tobramycin, amikacin.
- Macrolides - erythromycin, clarithromycin, azithromycin.
- Tetracyclines - Tetracycline,

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Doxycycline.

- chloramphenicol.
- lincomycins - clindamycin.

B)

The mechanism of action of antiviral agent:

