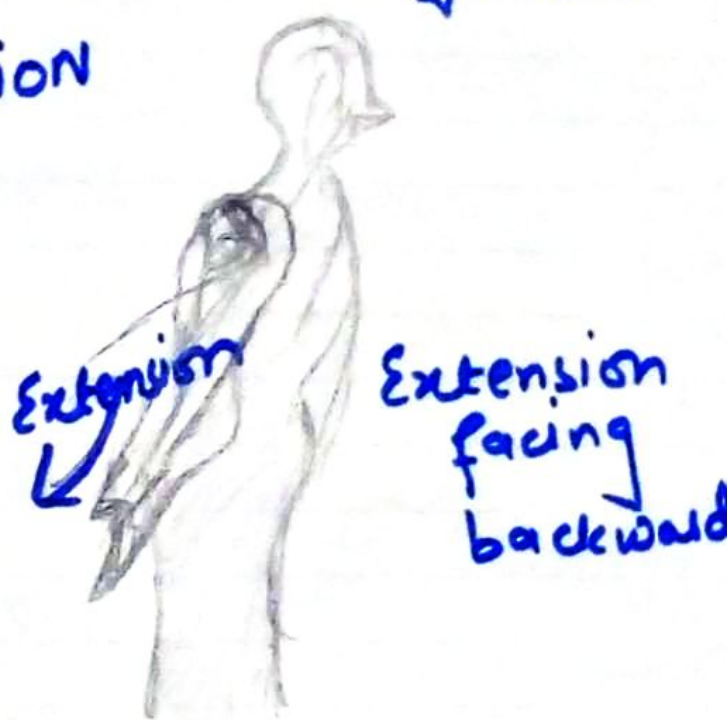
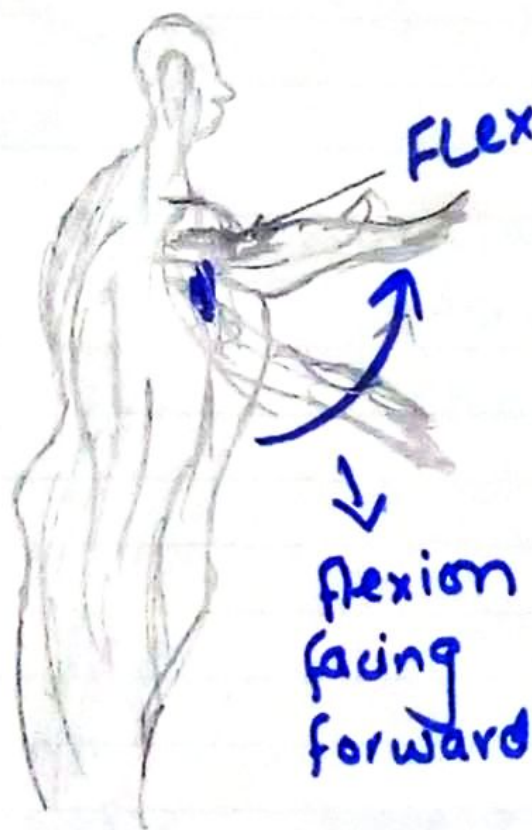


NAME: LAPBA NAVEED
ID NO: 15697
DPT: 2ND SEMESTER
BIOMECHANICS

②

Q1: Draw a diagram of flexion, extension, adduction, abduction, internal and external rotation on shoulder joint.
flexion and extension on shoulder joint:



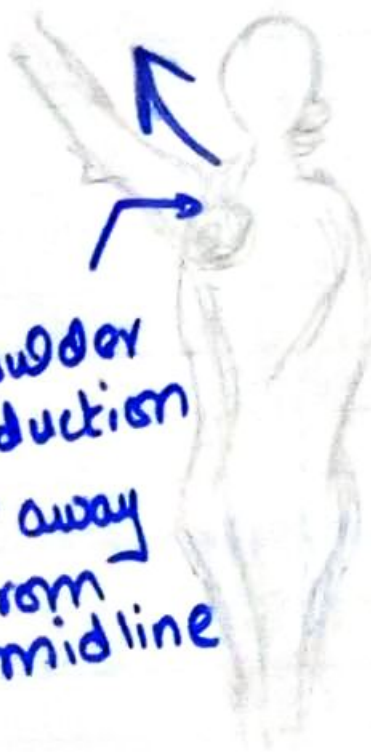
②

Shoulder Adduction and Abduction

Shoulder Adduction
Towards
midline

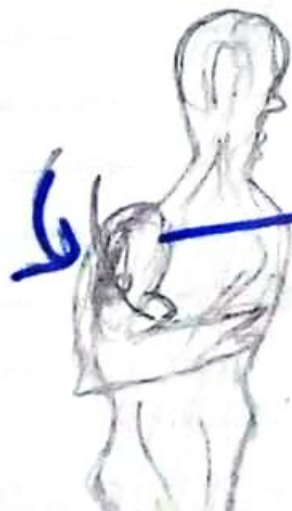


Shoulder
Abduction
far away
from
midline

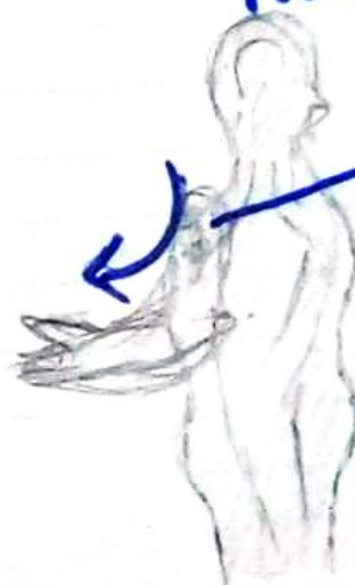


Shoulder

Internal and External
rotation



Shoulder
Internal
rotation

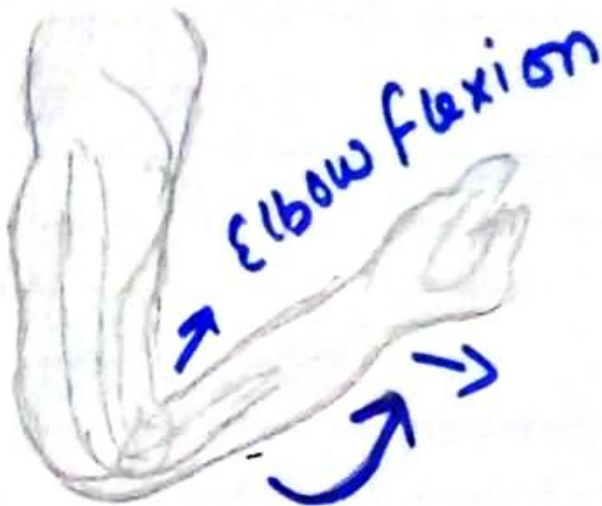


Shoulder
External
rotation

③

Q₂:: Draw a diagram of flexion, Extension, pronation and Supination on Elbow joint?

ELBOW FLEXION AND Extension



Elbow Extension



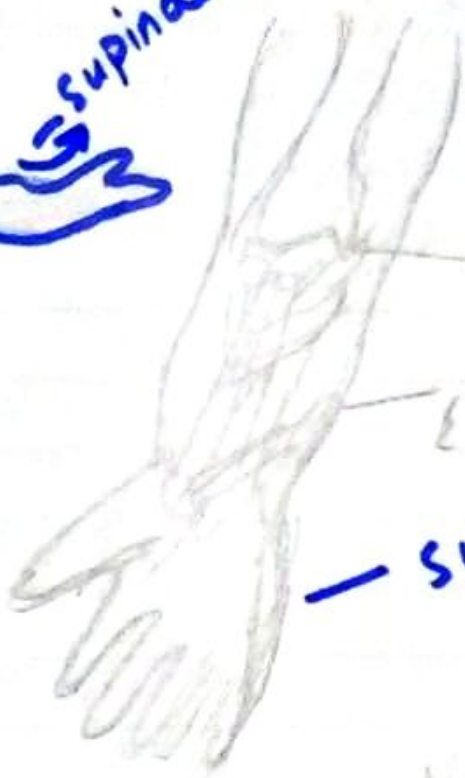
Elbow extension

④

Elbow pronation and supination



Supination



Elbow supination

— supination facing upward



Supination



Elbow pronation

— pronation



Elbow pronation

— Pronation facing downward



pronation

(5)

Q3: Draw diagram of flexion, extension, radial and ulnar deviation on wrist joint?

