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**Essay # 1**

**Smoking in public places has to be banned**

In the recent years the number of people that smoke have increased a lot. Even though people know how dangerous it is for them and the people surrounding them they still chose to smoke, it is clearly stated on the box of the cigarettes that it causes cancer but still people do not avoid it. Every year we see thousands of people die from lung cancer because of their habit of smoking but still there never seems to be an end to smokers.

We see them everywhere in our society, on the roads, in the shops, in the parks etc. The government cannot stop a person from smoking at their homes or private places but they can and should stop them from smoking in public places as it not only affect the health of the smoker but also negatively affects the health of the people and other living creatures that inhale that smoke from the air.

People that smoke in public show a bad example for the young generation, as they tend to copy each and everything that occurs around them. Teenagers usually think that smoking is considered “cool” and when they see people around them smoking, it strengthens their belief even more and they inherit that bad habit as well because of the people that smoke in public.

Henceforth, smoking should be banned. It is for the betterment of the smoker and the people around the, and it will not only positively affect their health but contributes to many other positive factors as well.

It is scientifically proven that second hand smoking kills, so by letting people smoke in the open many other people are being exposed to this danger.

By not allowing them to smoke in the public, people would only be allowed to smoke in their homes, which in turn would mean that when they are out of their homes, in their offices, parks, theaters and resutrants etc. they won’t be smoking at those time which would also reduce their consumption of cigarettes and maybe cause them to give up smoking completely.

**Essay#2**

**The way I spent my lockdown during covid-19**

The corona virus has be wreaking havoc around the world taking away the lives of many loved ones. I am one of those people that are safe in the comfort of their homes. Though it has not been easy.

It was Friday when we got the message that a lockdown is going to be imposed and all of the offices, schools colleges and universities are going to be closed because of the virus. Except for the essentials each and every other business would be shut down.

At first came the happiness of not being able to go to university for some time as we would be getting a break from the all the work load. Everything was fine at home for the first few weeks as we were helping out mom with house work and just getting to laze around.

That was when a few weeks passed that everyone was starting to get tired of the lock down wanting to go outside we were starting to miss small things like going out for a walk when we wanted to, or to shop and things like that.

Arguments were something that started to get more and more common as everyone was annoyed with the situation they started to take it out on one another and with that came a time in which I just felt empty, I had no energy and was lazy. My muscles started to ache from not getting enough movement and I had problems sleeping. Boredom was another thing that we had to deal with a lot.

But in the end I am thankful that me and my family are safe from this virus. This pandemic lead many people to remember the things that we were taking for granted for a long time.

I started to cook a lot as it helped me calm down and develop a few skills and I took up reading as well again. I thought I wouldn’t find it in myself to read novels again but I did finish quite a few novels. I started to help my mother with house work to reduce some of her stress.

This whole situation was and is stressful but we should remain hopeful and look forward to the time when all of this is over.

There were moments of sadness and moments where I got tired of staying at home but I pushed through and I am very proud of myself for that.