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PAPER Communication Skills

SEMESTER: First

PROGRAM: B – Tech . civil

SUBMMITED TO : Mr Imran khan

Q NO5 Write an essay on “Dangers of smoking”

ANS : Human body is very vulnerable to harmful effects of smoking , and it can harm our heart , lungs, blood circulation, bones, stomach, mouth, eyes, skin, reproduction and fertility. Smoking effect on heart and lung in very serious manner, in case of heart nicotine raises blood pressure and blood gets clot easily .

The Harmful Effects of Smoking Heath And Social Care Essay

There are many bad effects of smoking related to health , social and psychological level which can harm the life of a person in great detail . For smoking people grow the tobacco tree whose leave which are mostly smoked or chewed and sniffed for many different effects. Smoking which involves tobacco which then contain a certain chemical known as nicotine. Nicotine is highly addictive chemical , and a smoking person can becomes a slave of nicotine for very long time if he/ she is not cautious a first time. Tobacco other than nicotine contains nineteen different cancer causing chemicals, and together these chemical are called tar. People smoke for different reasons such as they want to produce a sense of being well, to boost their mood, and to improve short term concentration and memory, Until recently smoking was consider good thing , and there were many advertisement for smoking in newspaper , television , other mass media .

Smoking is major health risk, but still people give different reasons for smoking most of these justifications are not very reasonable .

Smoking is major health risk, but still people give different reasons for smoking most of these justifications are not very reasonable . Smoking is mostly starts at young age because teenagers think that if they start smoking .

Smoking effects differ from from a person to another person depending upon exposure to chemicals of the cigrarette. Smoking is not only public heath issue, but also it has graet financial cost on the nations. Untill we stop smoking , more people will be addicted, more people will get sick, more families will be devastated by loss of loved ones, bring great damage to medical system of the nations.

Harm of smoking on body of a person is enormous, and smoking should be ban from all public places. Smoking can easily make a body weak , and cause a slow and steady death.

There many facts related to smoking and deaths, for instances in United states there were about 443, 000 deaths by smoking , it is also believed that each year more deaths happen due to smoking compared to combine the deaths by Human immunodeficiency virus ( HIV) , alcohol, suicides, illegal drugs , murder and vehicle injuries. DUE to smoking ninety percent of all lung cancer death in women. it is also estimated that deaths ninety percent of all deaths by chronic obstructive lung diseases are caused by smoking .

QNO 1 : Fill in the blanks with correct verb.

1.The soup tastes, good is tasting.

2. He watches Tv most evening s.

3. He went out five minutes ago.

4. When he lived in Hyderabad , he went to the cinema once a week .

5. The baby cries all morning.

Q NO 2: Change the following sentences into passive voice .

ANS: 1 They have pulled down the old house.

: The old house was pulled down by them .

2 The rules forbid passenger to cross the railway line.

: Passengers are forbidden by the rules to cross the railway linne.

3 : He taught me to read Persian.

: I was taught by him to read Persian.

4: Who taught you mathemathics?

: By whom are you taught mathemathics .

5; All desire wealth and some acquire it .

: Wealth is desire acquire are same.

 Q NO 5 part2:Write an essay on “danger” of smoking

The Consequencess Of Cigarette Smoking Health And Social Care Essay.

‘Cigarette smoking’ is not a new term for people in the entire world. Most of the people know that it is not good for heath but still the smoker continue to smoke , why? People start smoking cigarettes with very numerous individual reasons . Most of the youngsters start smoking cigarettes because they think it looks cool and stylih. Some start smoking because their friends or family members smoke. Cigerette smoking is one of the worst thing that people can do to their bodies. it is one of the most leading preventable causes of death in the world. Globally, tobacco use is the second cause of death after hypertension

which is currently responsible for killing one in ten adults (WHO, 2010). smoking cigarette is one of the biggest public health threats the world is facing to day . This essay is a research which contains the basic information about the danger of cigarette smoking.

According to world Health organization, globally more than one billion people smoke tobacco . Almost 5.4 million people are being killed every year due to tobacco smoking (WHO, 2010) . The bad effects of cigarette smoking on health are very severe and in several cases , deadly. Tobacco contains an ingredient called Nicotine which is highly addictive and harmful to the body (WHO, 2009). Cigerette smoke contain around 4000 dangerours chemicals like tar , arsenic , cadmium, benzene, formaldehyde etc.

Q NO 4 : Write a letter to a friend telling him about university .

city Peshawar

26 september, 2020

Dear friend Ali,

How are you? I am well. I am very glade to hear That you want to know about my university . The name of my university is IQRA Nation University , Peshawar . It is situated in Peshawar on university road , Peshawar . It is basically an engineering / technical education institute, which provide technical education I .xifferat fields like elatrical, mechanical, civil etc .

Our university has different departments for respective Subjetsor fields.

our university is under The supervisior of very highly Qualified staff . The staff is very hard working and really curing .

Am really Impressal from our that university staff you also have to write me a letter in return. Take care of yourself, with The best regard to your parats . tour loving friend .

Muhammad Zia ulhaq

Q3 NO :

Q1:The general was a good as his word .

1 ; As (manner clauses adverb)

Q2: My sight is as keen as yours.

2; As ( manner clauses adverb)

ANS: 3 where ( place clauses adverb )

 ANS: 4 since (cause clauses adverb)

ANS:5 werever ( place cluses adverb)