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BS Dental Tech -

Assignment :-

On the dentics :

Submitted to :

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** Parafunctional Habits :->

→ A ~~few~~ parafunctional habits are the habitual exercise of a body part in a way that is other than the most common use of that body part.

→ The term is most commonly used by dentist, orthodontics and maxillofacial specialists to refer to parafunctional uses of the tongue and jaw.

→ The oral parafunctional habits may include bruxism, tongue thrusting, fingernail biting, pencil or pen chewing, mouth breathing and may other habitual use of

the mouth unrelated to
eating, drinking and speaking.

⇒ Parafunctional habits are

The most destructive forces
for several reasons.

⇒ The direction of forces
during parafunctional habits
is placed vertically along
the long axis of teeth
which is the least harmful
because of the anatomical
structure of the teeth to
the bone.