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1. Define the following terms with 2 physiological and pathological examples each.

A. Atrophy

Atrophy is disease which occurs in the cell size or shrinkage in the size of cell by the loss of substance is called Atrophy.

Example:

- **Physiologic:**

Fetal organ and uterus after parturition

- **Pathologic:**

Ischemic atrophy and senile atrophy ... Heart.

B. Hypertrophy

The growing up of organ or tissue due to increase in the size of cell is called Hypertrophy.

Example:

- **Physiologic:** Growth of uterus during pregnancy.

- **Pathologic:** Hypertension or aortic valve disease.

C. Hyperplasia

Hyperplasia is the number of cell increase which causes the organ enlargement as a result cell mitosis or division increase.

Example:

- **Physiologic:**

Physiologic growth of uterus during pregnancy involves both hypertrophy and hyperplasia.

- **Pathologic:**

Growth of the adrenal gland due to production of adrenocortico tropic hormone (ACTH) by a pituitary adenoma proliferation of endometrium due to prolonged estrogen stimulus.

D. Metaplasia

Metaplasia is the reversible change in which one adult cell type is replaced by another cell type is called Metaplasia.

Example:

- **Physiologic:** Squamous metaplasia that occurs in the uterine cervix during the menstrual cycle as the squamocolumnar junction migrates across the transformation zone.

- **Pathological:**

- I. Change associated with the respiratory tract in response to inhalation of irritants, such as smog or smoke.
- II. The bronchial cell convert from mucus-secreting, ciliated. Columnar epithelium to non ciliated, squamous epithelium incapable of secreting mucus.

2. How does the calcium ions influx affects the cell? write it in your own words.

Influx :

Influx Of a calcium to cell then the to cytrsal comes from the extracellular fluid to the body and store the mitochondria and endoplasmic reticulum in the cell.

- Ca⁺ activate the phospholipases (which damage the membrane) proteases (which damages cell membrane and cytoskeleton and endonucleases (its damage DNA).
- This is one of the main mechanisim of cell death, after these severe damage to membrane of lysosomes then occure leakage of lysosomal enzymes or apoptosis. Then its occur particularlyly hyproxia and ischaemia and with certain toxins. Preventing the rise in Ca⁺⁺ or restoring the normal levels and prevents cell death.
- Mitochondria perform aerobic mechanism which need O₂ and reduced oxidative phosphorylation.
- Cell membrane reduced sodium pump then sodium and water enter the cell and potassium is out.

3. What is free radical? What is the effect of Reactive Oxygen Species (ROS) on the cell?

Free Radical:

Radicals are atoms, molecules or ions with unpaired electrons in outer shell configuration.

- Free radical may have positive or negative or zero charge.
- Unpaired electrons cause radical to be highly reactive.

EFFECT ON CELL:

In biological ROS are formed as a byproduct of the normal metabolism of oxygen and have an important role in cell signalling and homeostasis. However, during times of environmental stress (e.g. UV or heat) result in significant damage to cell structure. Accumulative damage is called oxidative stress. The production of ROS is strongly controlled by stress factor responses in plants, these factors that increase ROS production include drought, salinity, nutrient deficiency, metal toxicity and UVB radiation. ROS are also produced by exogenous sources such as ionizing radiation.

DAMAGING EFFECT:

Harmful effects of ROS on cell damage include DNA or RNA oxidation, oxidation of polyunsaturated fatty acids in lipids, oxidation of amino acids in proteins, and oxidative deactivation of specific enzymes by oxidations.

4. Write down some differences between Apoptosis and Necrosis.

<i>Apoptosis</i>	<i>Necrosis</i>
1. Cell shrinkage and fragmentation	1. Cell swelling and lysis
2. Nuclear condensation	2. karyolysis
3. No inflammatory response	3. Significant inflammatory response
4. Pathologic	4. Pathologic and physiologic
5. Cell membrane absent	5. Cell membrane lack
6. Cell death programmed	6. Cell death intail event
7. Involvement of mitochondria	7. No role in mitochondria
8. Characteristic nuclear change	8. Nucleus lost
9. Dead cell injured by	9. Dead injured by neutrophils
10. DNA cleavage	10. No DNA cleavage
11. Neighbouring	11. Macrophages
12. Cell death final event	12. Cell death intail event

Q.5 Write a note on Air Embolism.

Air embolism occurs when air is introduced into venous or arterial circulation resulting in obstruction of blood flow.

An air embolism also known as gas embolism is a blood vessel blockage caused by one or more bubbles of air or other gas in the circulatory system.

Air embolism may also occur in the xylem of vascular plants, especially when suffering from water stress. An air embolism can occur when your veins or arteries are exposed and pressure allows air to travel into them.

This can happen in several ways: such as

- Injection and surgical procedures
- Lung trauma
- Scuba diving
- Explosion and blast injuries
- Blowing into the vagina etc.

RISK FACTOR:

Any surgical procedures that can lead to infusion of air.

Creation of a pressure gradient of air entry peripheral IVs, central venous catheter etc.

Positive pressure ventilation.

Blunt and penetrating trauma to the chest abdomen neck or face can lead to air entry.

THE END