**INU Peshawar Date 23 June 2020**

|  |  |
| --- | --- |
| Department | (AHS) MIC, DT,RAD & DPT |
| Subject | English-II |
| Marks | 30 |
| Semester | -II |
| Final Term Assignment | Spring 2020 |
| **Instructor** | **Hajra Iqbal** |

**Fill below blocks.**

|  |  |
| --- | --- |
| Student Full Name | **Hamad ullah** |
| Student Father Name | **Inayat ullah** |
| University ID Card Number | **16470** |
| Department | **DT second semester** |

**Instructions:** Your time starts once you log in. You have only 6 hours to complete and submit your paper on the portal. After 6 hours your time would be automatically expired. Download this paper and save it with your full name and subject. Attempt all the answers on the same page and keep in your mind to click the **SAVE** after every 10 minutes. When you are done with paper, go through it and submit your final copy with your name and id on SIC portal.

**Note:** i. **Attempt all four questions.**

1. **Write Short Notes . / 20 Marks**

a.Three Steps of Essay

b. Five Uses of Comma and Full Stop.

c.Define Phrase and Clause with two examples.

d.What is Memorandum

**2.Write an essay on any one Topic. (340-350) Word Count /20 Marks**

a. Smoking in public places has to be banned.

b. Parents are our first and most important teachers. Describe a specific valuable lesson from one of your parents

c. The way I spend my lockdown during Covid-19..

**3.Read and Summarize the following Passage in your own words . /10 Marks**

|  |
| --- |
| Health' is a state of complete physical, social and mental well being and not merely the absence of disease or infirmity. Health is thus a level of functional efficiency of living beings and a general condition of a persons mind, body and spirit, meaning it is free from illness, injury and pain. It is a resource of everyday life and a positive concept emphasizing physical capabilities.  Good health is a secret of every happy man. There is an old saying, 'Health is Wealth'. Staying healthy for children is vital for proper growth and development of mind and body as they need to focus in the class and fully participate in the activities on the field. Parents must take their children for medical check-up and learn from experts about their development in terms of height and weight, as it has a huge impact on their overall performance and efficiency. If you are strong and healthy, you can be a shining example to others and teach them how to achieve vibrant health.  Good health is a matter of great concern, to maintain it, healthy living and a disciplined life is a must. One of the best ways is to drink plenty of water as it reduces the risk of infection, keeps your skin healthy, reduces the risk of heart attack, burns body fat and regulates our body temperature. We should sleep well as it relaxes our body and reduces stress. We need to have a balanced diet and go for long, brisk walks. Our motto should be to keep our body clean in order to remain healthy. We must laugh more as laughing is a therapy and a secret of good health. The government should include integrated health programs into their public policies and control specific health problems. |

**1) Write Short Notes**

a.Three Steps of Essay

Answer:-

**1) introduction:-**

It is the opening part of the write up that shows the topic sentence of the essay or thesis statement.it prepares the readers on the essay.

2) **Body:-**

An essay includes body paragraphs, which devolep the main idea of the essay.

3) **conclusion:-**

An essay ends with a brief conclusion, which brings the essay to a logical end.

b. Five Uses of Comma and Full Stop.

**Answer:- Full stop.**

1) Full stop is used to end a sentence.

2) Full stop is used after serial number.

3) Full stop is used following an abbreviation.

4) We used the period punctuation after titels in American English.

5) We used the full stop in numbers.

Comma:-

1) Comma is used for pause

2) Comma is used after introductory words

3) Comma is used to give significant information

**4)** Sperating the main element of a sentence from each other

5) Sperating element in a series

c.Define Phrase and Clause with two examples.

**Answer:-.**

**Pharse:-.**

A group of word, with out a subject and verb, that function in a sentence as one part of speech.

**Eg:-** 1) The sun rises in the east.

2) The vehicle is halted near a tree.

**Clause:-**

**A group of word in sentence , which contain a subject and a verb within the group is called clause.**

**Eg:-** 1) Today I have seen the film which was released yesterday.

2) When I went to my village I met my school mates.

d.What is Memorandum

Answer:-

A memorandum is a written message that may be used in a business office.

Memorandum is normally used for communicating policies, procedures, or related official business within an organization.

a. Smoking in public places has to be banned.

Argumentative essay topic:-

**1:- smoking in public places has to be banned.**

**Public smoking bans appear to remarkably reduce the risk of heart attacks,specially b/w younger individuals non smoker, according to a new study published in the sep, 29, 2009 issue of journal of the American college of cardiology. Researchs find that smoking bans can decrease the number of heart attacks by as much as 26% per year.**

**" Even breathing in low doses of cigarette smoke can grow one`s risk of heart attack," said David Meyers,M.D., M.P.H., professor of cardiology and preventive medicine, University of kansas school of medicine and lead examiner of the study, which is the most extensive analysis of related studies of date." Public smoking bans seem to be massive effective in reducing heart attacks and , theoretically, might also help to stop lung cancer and emphysema, disease that grow much more slowly then heart attacks. The cardiac benefits grow with longer ban duration."**

**According to projection by the writer , a Nationwide ban on public smoking could stop as many as 154,000 heart attacks each year. These finding or specially important in light of mounting proof that second hand smoke showing is nearly as harmful to the heart is chronic active smoking. Direct smoking doubles the risk of heart attacks. Second hand smoke grow the risk by 30%.**

**"Interestingly public smoking bans had a stronger effect in decrease heart attacks among female and younger individuals, which may be explained, in part, b/c younger people tend to recurring clubs , restaurant and bars where smoking is a likely part of the social sence", said Dr. Meyers." Heavily show people like those working in the entertainment or hospitality industries are likely to accrue the greatest benefit from smoking bans."**

**Dr. Meyers adds that smoking remains the leading stoppable risk factor for heart attack. Second hand smoke is thought to grow the likehood of a heart attack by making the blood"adhesive"and more prone to clotting decrease the amount of"good" (HDL) cholesterol in the body, and set individuals at greater risk for dangerous heart pattern b/w other factors. The good news is that the beneficial effects of smoking bans appears to be fairly instant, with declines in reported heart attack cases within 3 month. The impact of bans was build up if compliance was good, if beseline smoking prevelance was low and if air quality was good.**

**3.Read and Summarize the following Passage in your own words .**

**Answer:-**

Health is a complete package of physical, social and mental performance. In simple word , health is proformance or efficiency of a living being and free from any kind of illness, injury and pain.

Healthy person is always be happy. There is an old person saying " Health is wealth? Staying healthy for childrens is very important for thier proper body growth, development of mind and body.parents should take their children for thier Medical check up on monthly basis, and also learn the tricks from elders about childrens growth and health like about thier height weight etc.

Well displane life is also a key of good health. In such a way , drinks planty of water , save us from infection, heart attacks, fatty body, keep skin healthy and maintain body temperature. Must sleep well to relax or reduce stress. Use balance diet. Keep our body learn for healthy body. Similarly laughing is a therapy for good health. The government must arrange the health programs for awareness of public.