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Paper:- Radiological  
Protection

Submitted To:-

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(\*) Radiology

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INU

(2)

Q. No: 1

ANS: Difference B/W

Deterministic  
effect

1) Deterministic effect produced by high radiation dose.

2) They have threshold dose below no effect is seen

Stochastic  
Effect

1) Stochastic effect is produced by dose.

They have no threshold dose.

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Deterministic effect is for short period of time

→ Their severity increases as dose increases.

→ As dose increase the deterministic effect will also be increases

Stochastic effect is for long period of time.

→ Their severity is not related to dose.

→ There is no dose above which stochastic effect are certain to occur.

(4)

→ Deterministic effect include

Sickness,

Acute radiation,  
and chronic

radiation

Sickness

→ In deterministic effect

hair loses,  
cataract

and skin  
injury etc

occurs.

Stochastic effect  
included

Carcinogenesis  
and hereditary  
effect.

//

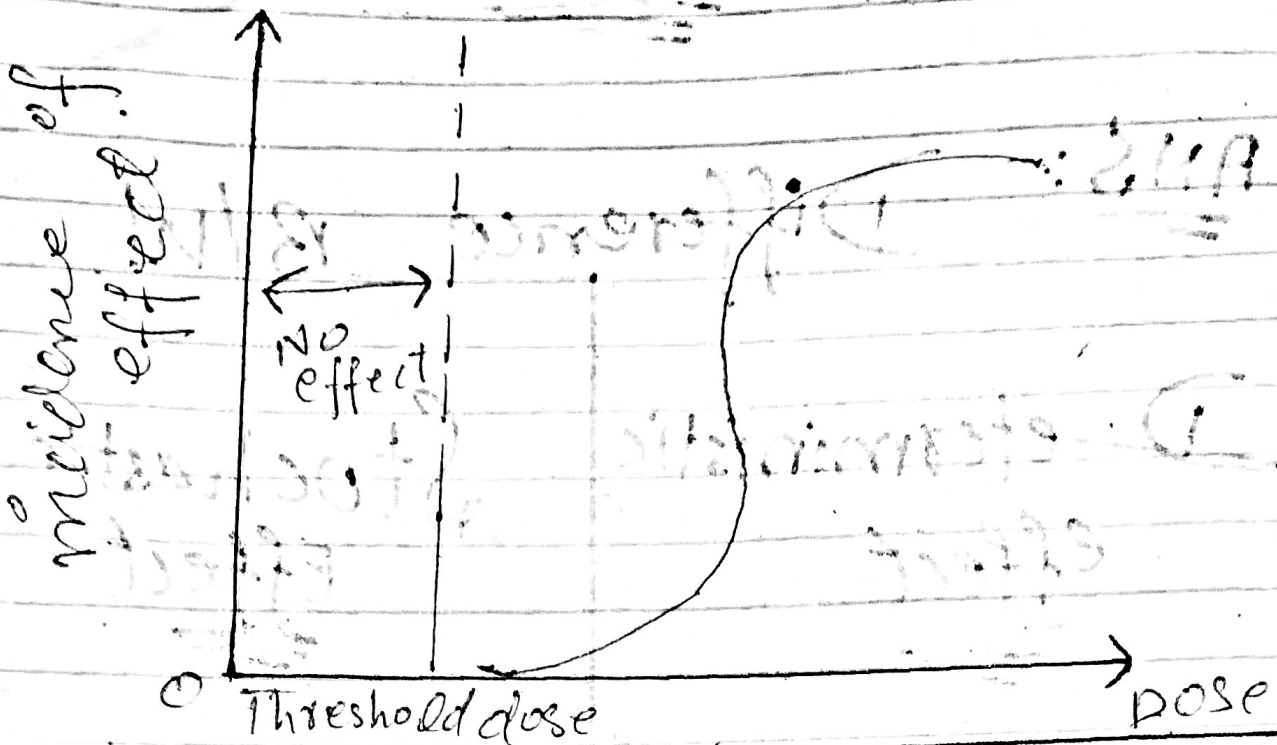
→ In Stochastic  
effect Cancer,

Leukemia

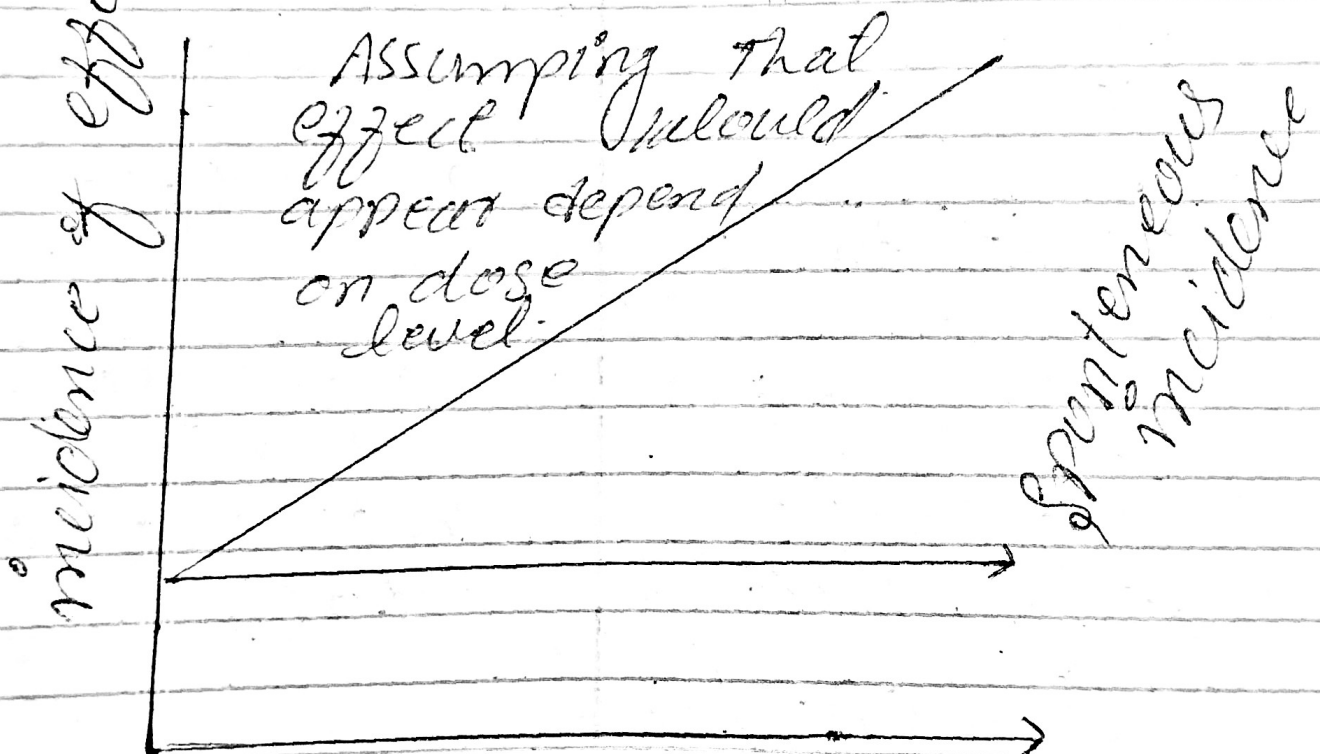
and hereditary  
effect occurs

(5)

# Deterministic effect.



# Stochastic effect.



Assuming that there is no threshold dose.

(b)

Q No: 2

ANS

# Radiation

→ It is emission or transmission of energy in the form of waves or particles (like alpha, beta, gamma) through space or through material medium.

→ The radiations are classified

(7)

⇒ On The basis :

- \* Energy
- \* frequency
- \* wavelength.

⇒ The radiation include :

- Electromagnetic Radiation
  - $\lambda, f$  (\* radio waves
  - (\*) microwaves
  - (\*) visible light
  - (\*) infrared
  - (\*) ultraviolet rays
  - (\*) Gamma ~~rays~~ Radiation
  - (\*) x-rays.

(8)

→ The radiation which have high energy are ionizing in nature.

→ Non ionizing radiation have low energy.

→ The ionizing radiation is most important in the radiograph.

## (b) Radioactivity

Radioactivity is refers to the particle which are emitted from nuclei as a result of nuclear



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## Nuclear instability

- The nucleus experience the intense conflict B/w the two strongest forces in nature.
- Unstable nucleus will decompose spontaneously or decay into more stable configuration.
- Radioactive decay is the several naturally occurring elements as well as artificially produced isotopes of elements.

→ The rate at which radioactive is half-life.

→ The emission of most common form of spontaneous radioactive decay are.

(A) Alpha ( $\alpha$ ) particles.

(A) Beta ( $\beta$ ) particles.

(A) Gamma ( $\gamma$ ) particles.

→ Less common forms of radioactivity; fission fragments, neutron, or proton may be emitted.

(11)

⇒

## Types of Radioactivity

→ Uranium and Thorium ores.

two distinct types of radioactivity are.

(\*) Alpha and Beta decay.

-----

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## Non Ionizing Radiation

→ The non ionizing radiation is refers to any type of electromagnetic radiations.

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that does not come  
per ~~amount~~ quantum to  
ionize atom or molecules.

→ It unable to remove  
electron from an atom

→ The non-ionizing radiation  
are only excite the  
electron ~~from~~ that are  
move from lower  
shell to higher.

→ So it does not ionize  
atom it is safe and  
not harmful at all.

# 1) Ionizing Radiation

It is travelling as particles or electromagnetic waves that carries sufficient energy to eject electrons from atoms or molecules.

There is ionize to atom or molecules.

→ Ionizing Radiation is made up of substances, particles, atoms, or electromagnetic waves

- It traveling at the Speed of light.
- It is very important in radiograph.
- It causing serious disorders



(v) Harmful Radiations

- Radiation is a transfer of energy.
- The low level of radiation is present every where in

(15)

Surrounding.

→ Low level of radiation are not harmful but medium energy radiation is harmful and can cause sickness, headache, vomiting, fever.

→ High energy radiation is very harmful. It is damaging the cell that is the ~~total~~ building block of body.

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causing mutation which  
lead to malignancy.

== xx == xx ==

Q No: 3

Ans:

Two Basic Principle  
of Radiation Protection:

== \* == \*

→ The two Basic  
Principle for Radiation  
Protection are.



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- (1) Time
- (2) Distance

(1) Time:-

→ The amount of radiation received by an individual is directly related to the length of time.

→ If in the same time during which one expose to radiation is increases and also the radiation will increase.

→ Time minimized dose will be decreased.

→ If time spend in a given radiation field is double the work dose is also double.

Therefore the limit radiation dose the time spend in field must be ~~limited~~ limited.

→ Example of reducing radiation dose by reducing the time of exposure might be improving.

→ Operator training to reduce time they take handle of radiation dose.

# (2) Distance

- The radiation dose is received from a source is inversely proportional to the square of distance of separation.
- As a rule if you double the distance, you reduced the exposure by a factor of four.
- Greater the distance from source less radiation received.
- The exposure of an individual sitting 4m from a radiation

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Source. will be  $1/4$  the exposure of an individual sitting 2 m from same source.

### → Shielding :

The greater the shielding around radiation source ~~the~~ will be the smaller the exposure.

→ Shielding simply means having something that will absorb radiation b/w you and source.

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→ The amount of shielding required to protect is depend on the different types of radiation and energy.

==> x x ==> x x ==

(b):

## Names of Radiation Protection Devices.

- (1) Gas filled Detector.
  - (2) Scintillation Detector.
  - (3) Thermoluminescence Dosimetry.
  - (4) Optical Stimulated.
  - (5) Luminescence Dosimetry
- ==> x x ==> x x ==> x x N

Q No: 4 :-

## Features of Radiation Protection:

The features for Radiation Protection designed to reduce patient dose during x-ray examination.

Feature of radiation protection are.

(1) Protective x-ray tube Housing:-

→ Every x-ray tube must be held within a

protective housing.

- Benefit of protective housing is that it reduce leakage radiation during use.
- leakage radiation will be less than  $1 \text{ mCr/a/m}$  at distance of  $1 \text{ m}$  from protective housing.

## (2) Control panel

- It show the condition of exposure.
- It positively show when the x-ray tube is energized.

→ Same time visible and audible signal show.

→ KVP and mAs are

indicator for their requirement.

→ x-ray beam will be clearly show to Radiologic technologist.

3) Source to Image

Receptor Distance.

→ SID indicator must be accurate to within 2% of indicated SID.



- Indicator must be provided.
- Simple as tap measure attached to tube housing.

#### (4): Collimation.

The x-ray beam and light beam must be coincide to within  $2\%$  STD.

Attenuation of useful beam collimation shutter must be equivalent to attenuation by protective housing.

# Positive Beam

## Limitation:

→ The Special x-ray beam imaging systems

made in united state

b/w 1974 and 1994.

→ They must be adjusted with any image receptor

size in use and at

all standard SID.

→ Collimate shutters provided to within

2% of SID.

## Beam Alignment

Every Radiograph  
Should be provided

Proper x-ray beam  
alignment.

## Filteration

→ All x-ray beam  
should have  
total filteration.

At least 2.5 mm Al.  
when operate above  
70 kVp.

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Radiograph tube  
operate below 50  
and 70 kVp should  
have at least  
 $1.5 \text{ mm Al}$ .

→  $0.5 \text{ mm Al}$  filtration

Should be required  
below 50 kVp.

⇒ Reproducibility:

Constant output radiation  
intensity.

→ Should not be exceed  
5%. Through same  
technique.

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⇒ Linearity :-

The exposure time is adjusted for constant mAs

The output radiation intensity will be remain constant.

The maximum variation in linearity is 10%.

From one mAs station to adjusted mA station.

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⇒ Operator Shield

It must not be possible to expose in room outside of operator both.

→ Portable x-ray must have 2m meter for exposure

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# Fluoroscopic Protection

Feature :-

(1) Source to Skin

Distance :-

The divergence of x-ray beam, the entrance skin exposure (ESE) is less and for require exit dose as the source to skin (SSD) is increased.

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If fluorescent x-ray  
tube is moved from  
40 cm SSD to 20 cm  
SSD, the ESE is  
greatly increased.

→ Exposure required  
to get image  
intensifier is 10 mGy.

→ ESE will be 22.5 mGy  
and 40 mGy  
respectively.



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## (2) Primary protective

### Barrier:-

== \* == \*

→ The fluoroscopic  
image receptor  
assembly series as a  
primary protective  
barrier

→ must be 2mm Pb eq

## (3) Filteration:-

== \* == \*

→ Total filteration  
must be at least  
2.5mm Al above 70kVp

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(4) Collimation :-

Visible unexpected borders. 35cm above IT

(5) Exposure Control :-

→ The fluoroscopic exposure control should be of dead man type.

→ operator should drop dead or just release pressure.

(6) Bucky Slot Cover :-

→ At least 0.25mm Pb eq

7) Cumulative time :- Audible signal if time > 75min.

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Q NO: 5

ANS:-

⇒ GM Counter :-

→ It is also known as Geiger-Muller Counter.

→ It was discovered in 1932 by Geiger Muller.

→ It is the type of Gas filled Detector.

→ A Gm counter is an instrument

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used for detecting  
and ionizing radiation.

→ It is used in  
application such  
as radiation dosimetry  
radiological protection.

Experimental physics  
and nuclear industry

It is also defined  
as a GM counter

is a device used

for detection and  
measurement of,

all types of radiations

i.e Alpha, Beta,

and Gamma.

## Construction of

### Gm Counter :-

Gm Counter consist  
of following  
Components

1) → Metallic cylinder

2) → Gaseous Medium

3) → Cathode.

4) → Anode.

5) Counter.

6) Voltage.

7) Insulator / plaque.

8) Amplifier. - 1

Now we explain every components.

(1) Metallic cylinder:

→ It is hollow from inside

→ Contain some kind of gaseous medium.

→ walls of metallic cylinder is connect with terminal of battery.

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## (2) Gaseous Medium

→ It is present inside metallic cylinder.

→ It contains noble gases.

mostly argon → 90%

Alcohol → 10%

## 3) Anode:-

→ A wire like that look like

anode.

→ Approximately 0.01 mm in diameter.

4) Insulating plaque

→ It is placed between anode and cathode therefore because to avoid Direct contact b/w anode and cathode.

(E) Voltage:

Applied voltage

approximately 1000V.

(6) Amplifier:-

→ placement of amplifier is necessary



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to amplify weak  
signals.

(7) Counter:-

→ useful signal

send to counter

for counting.

→ After to detect  
that signals.

(42)

## Metallic Electrode :-

→ It is located  
at the centre  
of metallic cylinder.

→ It is made up  
of tungsten.

→ It is connected  
to load resistance  
which is connected  
to the same power  
supply.

→ A cross load resistance

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Electronic Set up.

which is Capable

of determining any  
kind of potential

drop that have

been across RL.

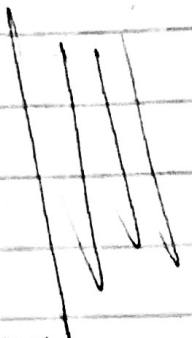
Diagram of

Cym Counter

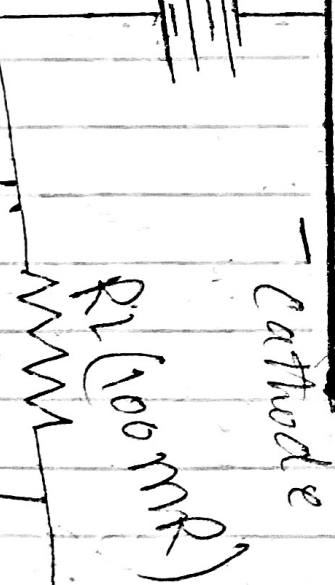
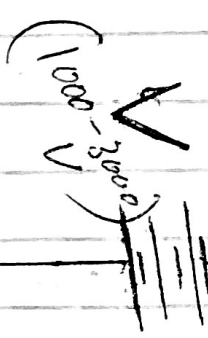
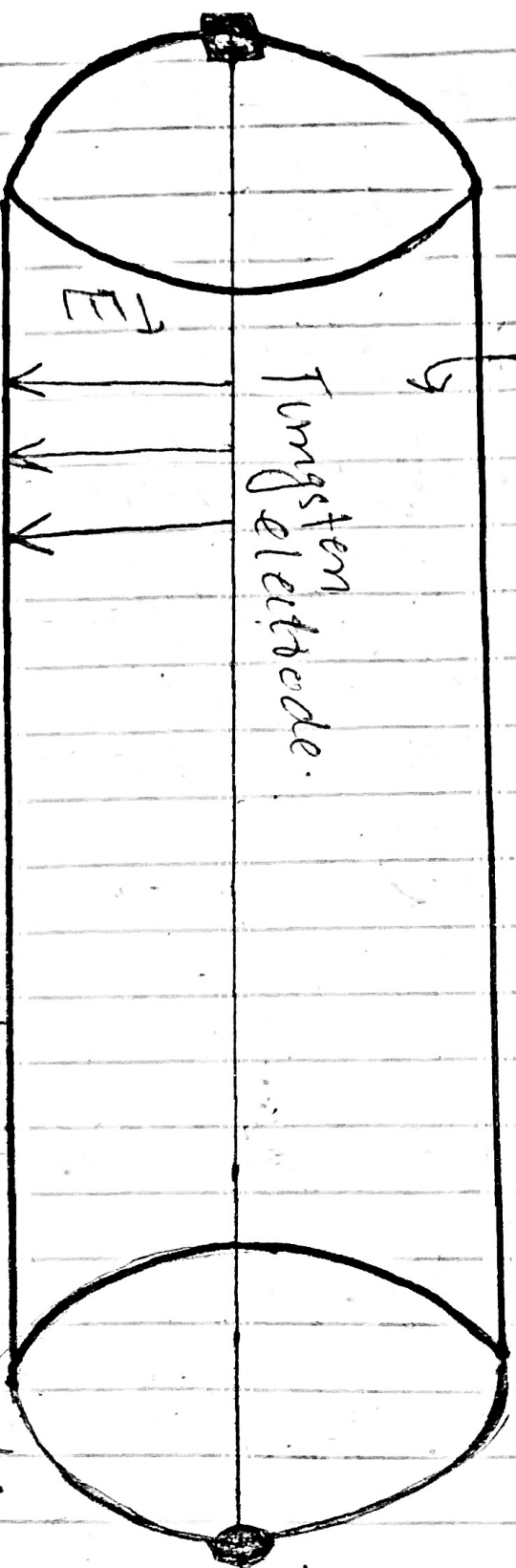
Counter :-

Handwritten scribbles at the top of the page.

50  $\mu$ m Coaxial cable



Gas medium (90% Argon + 10% Alcohol)



Amplifier pulse counter

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(45)

⇒ Working Mechanism

Working mechanism  
of this type of  
setup is very simple  
when some external  
particles like alpha  
particle, Beta particle  
or Gamma Radiation

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- Enter the medium.
- Basically leads to ionization.
- Central electrode is connected to positive terminal of battery.
- Metallic surface is connected to negative terminal of battery.
- Central electrode is acting as anode.
- metallic surface acting as cathode.

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→ The ionization particles passing through the tube ionizes the gas and electron. So particles move toward anode.

→ The velocity is quite high and they later produce secondary  $e^-$ .

→ when external particle inducing ionization and leaves the creation of free electron.

→ positive ion move toward the metallic

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Surface.

→ Negative ion move toward the central electrode.

→ If potential is extremely high and

→ electron will be accelerated to very high velocity.

→ This  $e^-$  will also collide with gaseous molecules.

→ This electron is also capable for inducing.



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Secondary ionization:

→ After repeated collision with particle of gas.

→ Due to large multiplication.

→ A large ionizing current is produced.

## Detection of Radiation

A Gm tube is gas filled device that when high voltage creates an electrical

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Pulse

→ when radiation interact with

the wall of gas in tube.

→ pulses are converting to a reading on the instrument meter

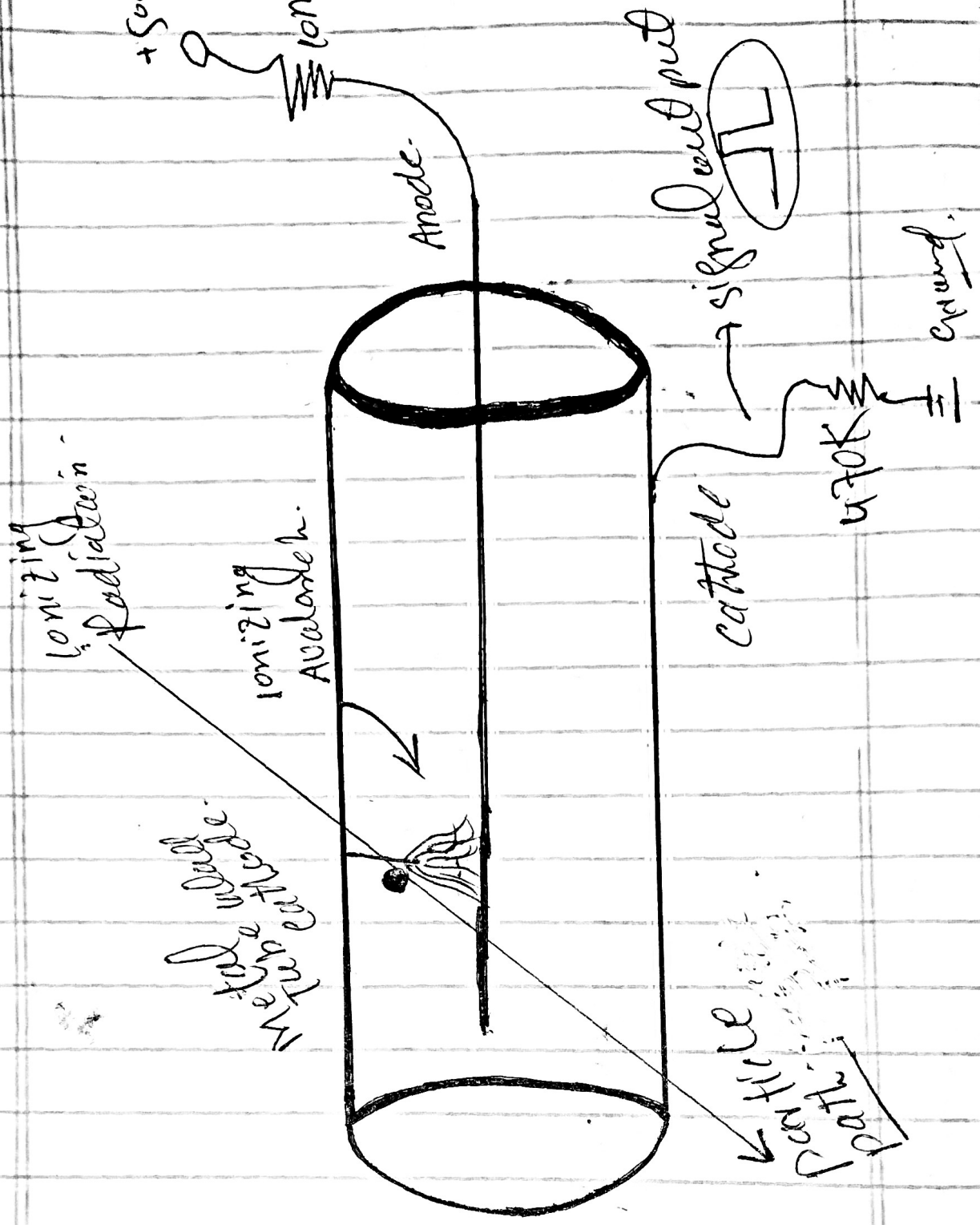
→ It is very sensitive.

→ It is used for

protection for technologist to count its dose.

Cigar Muller Tube

Mica Windows



Ionizing Radiation

Ionizing Anode

Mica Windows

cathode

Particle Path

Anode

500V DC  
10 megohm

Signal output

470K

Ground

END

\* Thank you \*

\*\*