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~~Paper~~

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11)

Q = 1 :

Ans: Part A:

Congestive Heart Failure.

- It is a condition in which Heart is unable to pump sufficient amount of blood to meet the needs of peripheral tissue.
- "OR"
- It is a chronic condition in which the blood is congested in the "L" part of Heart and does not allow to transfer to the peripheral tissue.
  - The cardinal symptoms is dyspnea, Fatigue and Fluid retention.

(2)

## Therapeutic agents for improving Heart Pump ability.

- chronic Heart Failure is typically managed by fluid limitation (less than 1.5 to 2 L daily).

- Low dietary intake of sodium (less than 2000 mg/d)

①: Increased cardiac work load.

- It refers to positive inotropes affects which increase the muscle contraction.

→ Example, cardiac glycoside

②: Decrease cardiac work load:

- by decreasing the heart rate and increasing peripheral resistance we decrease the cardiac work load.

→ Example.

(i) ACE inhibitors

(ii) Diuretic

(iii) B-Blocker.

Q = 1 Part-B

part b-:

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Inotropic Drugs

- Positive Inotropic agents enhance cardiac contractility and this increase cardiac output, although these drugs act by different mechanism.
- The inotropic action is a result of increase cytoplasmic calcium concentration.
- All positive inotropes in Heart Failure that increased intracellular calcium concentration have been associated with reduced survival, especially in patient with Heart Failure due to Coronary artery disease.

Positive Inotropes:

- These are those agents which increase cardiac activity.

Drugs — (1) Milrinone.  
(2) Dobutamine.

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①. How They increased cardiac work load.

• These drugs come cAMP mediated increases intracellular calcium which is contractile elements that increase the contraction of heart muscle and hence increase cardiac work load.

②: Dopaminergic drugs.

Drugs ① Dopamine

②. Dobutamine

How it increase Cardiac Work load.

• These drug stimulate  $B_1$  receptors in myocardium that cause secretion of epinephrine and <sup>phen</sup>nor-epinephrine that has positive

Inotropic affect and hence  
increase cardiac work load.

### (3) Cardiac glycoside:

- Drugs
- Digoxin
  - Digitoxin

### Mechanism of Action:

- These drugs inhibit  $\text{Na}^+/\text{K}^+$  per sodium. They increase  $\text{Na}^+$  alters the driving force for  $\text{Na}/\text{Ca}$  exchange by ex exchanges. The increase  $\text{Ca}$  in in cytoplasmic reticulum with increase contractile force that in turn increase cardiac work load.

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Q = (2) :- Part A

Ans:

Part - A

Secondary Hypertension ::

→ It accounts for only 5-7 %

of the patient elevated BP

accounts due to specific underlying

causes, eg-

- Renal parenchymal disease.

- Primary Aldosteronism

- Cushing syndrome

- Pheochromocytoma

- Constriction of Aorta.

- Endocrine disorder.

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Q

## Essential Hypertension

• The Type of Hypertension in which elevated BP results.

From the complex interaction between multiple genetic environmental factors its exact causes are ~~not~~ unknown.

• This Hypertension contribution about 90-95% of the patient with Hypertension.



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Q = (2) Part-B

Part-B

①. ACE Inhibitors

- Benzapril
- Enalapril
- Captopril
- Fosinopril
- Mexipril
- Guinapril
- Lisinopril.

②. ARBs.

- Azilsartan
- Candesartan
- Losartan
- Telmisartan
- Valsartan
- Eprosartan.

③. Renin Inhibitors.

- Aliskiren
- Xenikinen

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Q = (3)

Ans: Part - A ::

Angina Pectoris ::

- It is characteristic of sudden, severe, crushing, chest pain, that may radiate to Neck, jaw, back and ~~arms~~ arms.

• Types of Angina Pectoris ::

(A) stable angina ::

- It is characterized by short lasting burning heavy or squeezing feeling in the chest unusually last 1-15 min,

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and is provoked by  
exercise, stress, extreme cold  
or heat, heavy meal, alcohol  
or smoking

### (B) Unstable angina

- It is characterized with chest pain with increased frequency, duration, and intensity, and can be precipitated and progressively less effort. Unstable angina is a form of acute coronary syndrome and requires hospital admission and more aggressive therapy to prevent progression to MI and death.

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## CC) Rest angina

• It is uncommon pattern of episodic angina that occur at rest and is due to coronary artery spasm symptoms are connect due to by decreased blood flow. heart muscle from the spasm of coronary artery.

→ It responds promptly to coronary vasodilator such as Nitro-glycerin.

•  $Ca^{+1}$  channel blockers.

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Q-3 Part B.

Part-B ::

Treatment process for

Angina pectoris ::

→

Four Types of drug used to  
either alone or in combination  
commonly used for the treatment  
of angina pectoris.

(i): B-Blockers

Drugs

• Atenolol

• Propranolol

• Sotalol

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How B-Blocker act,

- ① Decrease myocardial  $O_2$  demand,
- ② increase  $O_2$  delivery to heart.
- ③ Reduced The work of heart by decreasing cardiac output.

②  $Ca^{2+}$  channel blockers:

Drugs:

• → Amlodipine.

• → diltiazem.

• → nifedipine.

Mechanisms of Action:

$Ca^{2+}$  influx is increased in

ischemic affect (angina pectoris)

because of membrane depolarization

• That Produced Hypoxia

The  $Ca^{+}$  channel blockers protect

The tissue by inhibiting  $Ca^{+}$

entrance into Cardiac and

smooth muscles of Coronary

veins, that cause vasodilation

and increase Negative inotropic

affect.

(3) Organic Nitrate ::

Drugs ::

• Nitroglycerin

• Isosorbide monocytrate

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How it action,

(i): It dilates the coronary artery which increase blood supply to heart muscles.

• Relieving vaso spasm.

Redistribution blood flow.



Pre load.



After load.

To decrease O<sub>2</sub> consumption by

decreasing cardiac work load.

"THE END"

"THANKS"