Name:-AkhyarAnwar

IDNumber:-16211

Department:-MLT

Section:-A

Assignment:-communicationSkills

Submite:-madamHajraiqbal

-------------------------------------------------------------------------------------------------------------------------------

# Smokinginpublicplaceshastobebanned

Thenumbersofsmokersareincreasingperyear.Althougheveryoneiseducatedand equippedwiththeknowledgethathowsmokingmakesamanunhealthy?Despiteof havingknowledgetheystillchoosetosmoke.Smokingisdamnaddictivehabit.By choosingitamancanputhimselftoahealthrisk.However,smokingdoesnotonly effectthesmokerbutitalsoeffectsalltheothersaroundthosewhosmokebecause whenpeoplesmokeinapublicareathentheothersaroundthemalsosmokewiththe helpofairwhichiscalled“passivesmoking”.Thus,smokingeffectallthelivingand breathingcreatures.Thereforesmokingshouldbebannedispublicareas.

Thosewhosmokeinpublicareasdisplayabadexample.Childrengetaffectedfrom themintheirgrowingstagesbecausechildrenhavelowmaturitylevelduetowhichthey cannotdifferentiatebetweenrightandwrong.Resultantly,theystartimitatingthose whosmokeinthepublicareaswhichgiverisetothesmokingrate.Besidechildren, teenagersseethepeoplewhosmokeinthepublicareatakeitasexampletostart smokingaswell.ThereisanEnglishproverb“Whentheoldcockcrows,theyoungcock learns”.Thementionedproverbeffectivelydescribestheabovelines.Someteenager thinkthatsmokingmakesapersoncoolbyseeingtotheadultsdoingitinpublicareas likeparks,streetsandmarketsetcitsstrengthentheirbeliefinthecoolnessofsmoking. Someteenagersstartsmokingbythinkingthatsmokingisfashionbylookingtoother smokerstyle.Hence,teenagerstakepartinsmokingduetoinfluencebyseeingothers smokinginpublicareas.

Ifsmokingisbannedinpublicareas,itwillpromoteahealthierlifestyleforeveryone.

Peoplewillseeitasagovernmentendorsementforahealthierlifestyleofeverybody. Thisisbecausebybanningsmokinginpublicareasthegovernmentsendsthemessage thatthegovernmentcaresaboutthehealthofthecitizensandthatthegovernment discouragespeoplefromsmoking.Thus,whensmokingisnotallowedinpublicareasit remindspeoplethathealthcareisveryimportant.Itremindseachandeverypersonthat thegovernmentisseriouslyconcernedforthewellbeingofitscitizens.Therefore, peoplewouldberemindedtoliveahealthylifestyle.

Ifsmokingbannedinthepublicplacesitprotectednotonlythelifesmokeraswellasof thosepeoplewhoaroundthembecausesmokingiswhatwhichkillsthemost.Ithasa lotofconsequencesonhealthlikemouthcancer,lungscancerandheartattacketc. AccordingtoCDC“TheCaliforniaEnvironmentalProtectionAgencyestimatesthat secondhandsmokeexposurecausesapproximately3,400lungscancerdeathsand 22,700-69,600heartdiseasedeathsannuallyamongadultnonsmokersin

USA(CDC,2009).ThusitwillbebetterthatGovernmentbansmokinginapublicareato savethelivesoftheseinnocentnonsmokers.

Bydisallowingpeoplewhosmokeinapublicplacesitwilldecreasethesmokerrateand willcausesmokertosmokelessbecauseofsmokingisnotallowedinpublicarea, smokersareonlyallowedtosmokeintheirhomes.Asaresult,theircigarette consumptionreducesandtheysmokeless.Thisinturnofthosewillbebenefitswho havebeentryingtoquitsmoking.Governmentshouldissuesomelawsforbanningthe smokinginpublicplacesifsomeoneisdoingitagaininthepublicplacebyviolatingthe lawthenGovernmentshouldgivehimpunishmentaccordingtothelawwhichwilldo morehelpinthereducingofcigaretteconsumptionwhichwillgiverisetothehealthy environment.

Bybanningsmokingisinthepublicplaces.Governmentcanpromotehealthierlifestyle everybody.Itcanprotecteverycitizenfrommanydiseasesandhealthriskssuchas cancerandotherdeadlydiseases.Thebanwilleliminatethebadexamplesetforthby peoplesmokinginthepublicplaces.Thebanwillwashoutthebrainsofchildrenand teenagerandwillhavemindsetimplementedbythegovernmentthatsmokingisbad. Thebanwilldiscouragenon-smokersfromstartingtosmoke,thuspreventingthem fromgettingaddictedtocigarettes.Alsoitwillencouragesmokertoquite. Don’tsmoke,livelong

# Parentsareourfirstmostimportantteachers

ParentsareoneofquintessentialgiftfromGodtoeveryperson.Parentsarethosewho givelivetowonderfulbabies.Nowadaysparentsinourlifearemorepreciousbecause theyoungdon’trealizehowtheirparentssacrificedeverythingforthem.Theyplayvery importantroleinourlife.Parentsarethebestteachers,friends,advisorsandguide liners.ThereforeIwouldliketodescribetheirroleasateacherinourlife.

Firstofallwelearnsomethingfromourparents.Mothergivesbirthtochildeafternine months.Shealsoteachesushowtosay,howtowalk.Shealsotakescareofusmore thanherownhealth.Sheisadoctorinlife.Whenwearesickparentsprotectusand giveusourfirstaidbeforegoingtohospital.Theywithgreatpatiencepassdown essentialknowledgethatweneedinordertojointhe“realworld”.Childrenoftencopy theirparent’shabitsandtraitsbecausechildrenaresurethatparentsdoonlyright things.Oftenchildrenfirstwishtobeliketheirmotherorfather.Parentsarethebest teachersbecausetheywishtheirchildrensuccessandtheydon’tteachthebadthings.

Anotherimportantaspectofthisisthatparentsarethefirstpeoplewhomustworntheir childrenaboutthedangerofdrugsandcigarettesandhowtoavoidandsay"No"when theyneedto.Inthemodernworldparentsmusttalkwiththeirchildrenabouteverything becauseitcansavetheirlifeandmakethemhappier.So,theroleofparentsisreally importantbecauseitgivesthestrengthandunderstandingtherealworld.

Onethemostimportantaspectisthatparentsteachushowtodifferentiatebetween rightandwrong.Alsoteachusthatalwaysrespectyourelders.Parentsalsoteachus howtoprayandalwaysinstructtoreciteholyQurandaily.Parentsalwayshelptheir childrenintheirhomework.

Inthelightofthefamousquoteofthegreatnaturalisticpoet“Wordsworth”that“Achild isthefatherofman”.Itsmeanthatpsycheofchildrendevelopduringchildhoodeven theydon’tdifferentiatebetweenrightandwrong.Childcontinuesthehabitsandtraits thathe/shehasacquiredduringchildhoodfortherestoflife.Forexampleifuteach themintheirchildhoodtorespecteldersthathe/shewillcontinuesthesamerespect towardseldersfortherestlife.So,childhoodgotprecedenceofmanhoodandchild leadsthemaninlaterlife.Mypointisthatit’suptoparentseithertocultivatelovein his/herpsycheorhatebutitwillcontinueforlifetimeaccordingtotheabovequote.

Inconclusion,Ithinkthatparentsarethebestteachersbecausetheygivetheir knowledgethatcannotbetakenfrombookswhenitneedstobeknownbychildren.

ParentsAlllovebeginsandendsthere.