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 Course Human growth And Development CBR

 Summer mid term Examination 2020

**Q1> Define CBR? What do cbr programe have in common?**

**Ans>**

**Community-based rehabilitation (CBR)**

Is a strategy within **community** development for the **rehabilitation**, equalization of opportunities and social integration of all people with disabilities.

1 National level supports

2 human rightes based approaches

3 to motivatesd community health workers.

4 to have knowledge of disabilities increases.

5 Acess the rehabilitation sercives is improved.

6 a person who is disabilities are more active in participation in educatione

Work,and community life.

**Q2> what is spina bifida?**

**Ans>**

**Spina bifida**

IS condition that affects the spine and is usually apparent at birth. It is a type of neural tube defect (NTD). **Spina bifida** can happen anywhere along the spine if the neural tube does not close all the way.

* **Symptoms of spina bifida**
* open **spinal canal** over some vertebrae, usually in the middle or lower part of the back.
* membranes and spinal cord pushed outside the back in an exposed or **skin**-covered sack.
* weak or paralyzed leg muscles.
* seizures.
* deformed feet.
* hips that are not even.
* scoliosis (curved spine.

**Q3> What is CP? Explain Types?**

**Ans>**

**Cerebral palsy (CP)**

Is a group of disorders that affect a person's ability to move and maintain balance and posture. **CP** is the most common motor disability in childhood. **Cerebral** means having to do with the brain. **Palsy** means weakness or problems with using the muscles.

**Types>**

There are four major types of **cerebral palsy: spastic**, **athetoid** , **ataxic** and mixed type. The type of movement issues seen in a person with CP depends on how severely a brain injury has impacted muscle tone. Muscle tone is defined as the strength and tension of the muscles.

**Treatment>**

**A variety of therapies play an important role in treating cerebral palsy:**

* **Physical therapy**. Muscle training and **exercises** can help your child's strength, flexibility, balance, motor development and mobility. ...
* **Occupational therapy**. ...
* Speech and language therapy. ...
* Recreational therapy.

**Q4> Explain Reynells Developmental model for sychological Reactions to a Disability.**

**Ans>**

Preschool

Childhood

Early adolesecene

Late adolescence

Young adulthood

Adulthood.

**Q5> Define the following.**

**Impairment>**

**Ans>**

 Any loss or abnormality of psychology physiological or anatomical structure or function.

**Disability>**

**Ans>**

Any restriction or lackability to perform an activity in the manner or within the range consrderd normal for a human being as a result of impairment.

**Handicap>**

**Ans>**

nature and extent of a persons involvement in life situations in relation to impairment,activities,health, conditions, and contextual factors.

e.g participation in community activities.