**Assignment for Viva (Spring 2020) (DPT 2nd Semester- sec B)**

**Course Title: Human Anatomy II Instructor: Dr. Maria Feroze**

**Note:**

* **Upload your assignment on SIC till 10th July 11:59 p.m.**
* **Copying the content from net or book is not allowed.**
* **Write the assignment in MS word/pdf.**
* **Name: Saud Afzal**
* **Id: 15928**

* **Q1. Why do we study Human Anatomy in Physical Therapy?**
* **ANS:** It is necessary to study human anatomy for physical therapy to know the location and functional structure of neuromuscular system to properly use them in understanding, evaluating and treating conditions. Also it helps us to identify the vascular supply of structures location of structure in order to be cautious while treating and also visceral anatomy when dealing with patients relevant to these structures.
* **Q2. What physical therapy treatment should be given to a patient who has limited hip extension?**
* **ANS:** We have to give the following physical therapy treatment to a patient who has limited hip extension:

First of all examined the patient. Required exercises for initially limited hip extension.

Ankle pumping

Active + passive Hamstring

Passive resisted exercises for Hamstring

Calf stretching

Knee mobilization

Standing and sitting

Hamstring strengthing exercise

Gluteal region soft massage etc.